

MAY 2023

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# CAMBRIAN<sup>HEIGHTS</sup> ROSEMONT

## CHRONICLE

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**825-903-5528 | [rareworks28@gmail.com](mailto:rareworks28@gmail.com)**

**Cambrian Heights Community Association**



**YOGA**

**Wednesday Night Drop-In**  
**In-Person & Zoom Hybrid**

**6:30PM-7:30PM**  
**JANUARY 6 - JUNE 28**

\$12 CHCA Members/\$15 Non-Members  
CALL 403-244-3001 FOR INFORMATION

# Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5  
 Phone: 403-284-1175 • Email: CHCA\_HALL@telus.net  
 Website: <http://www.cambrianheightscommunity.com>

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 7/3=2+2=4 members. Maximum of 18 Voting Members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Daniel Story	403-700-1157	treasurer@cambrianheightscommunity.com	Yes
Secretary	Ian McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Barb Milne	403-282-2684	blmilne@shaw.ca	Yes
Membership Coordinator	Jennifer Manns		members@cambrianheightscommunity.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	Yes
Director - Casino	Vacant		casino@cambrianheightscommunity.com	Yes
Committees - Non Voting				
Gardening Coordinator	Lori Wagner-Lange	403-669-4371	eclipsegazer@yahoo.com	No
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus.net	No
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	No
Casino Coordinator	Sonya Hnatiw	403-852-0198	hnatiw13@shaw.ca	No

**CHCA MEETINGS:**  
 First Monday of the month, except in July and August. Contact the president if you wish to attend.  
 Contact Hall Manager Lora for bookings at 403-284-1175.

## FUN & FEARLESS FITNESS RETURNS!

### Pumped Up Strength

40-Minute Express Class

**Mondays at 6:00 PM**

**Cambrian Heights Community Hall  
 600 Northmount Drive NW**

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## CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

With the arrival of May, our thoughts turn to summer temperatures and outdoor activities including gardening. Cambrian Heights continues to operate a community garden at the Community Centre. The only prerequisite is a community membership and a small annual fee. Should you be interested in an opportunity to grow your own vegetables this summer, please contact us at [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com) for more information. There are two other gardening projects in our community. One is the planting of flowers at the park space bordering Cambrian and Northmount Drives, and the other is the new demonstration garden at the rear of the Community Hall installed by the Alberta Low Impact Development Partnership. This project identifies low maintenance natural plants designed for Alberta weather conditions as an alternative to high water demand grass lawns. Should you wish to volunteer a small amount of your time for either of these gardening projects please contact us.


We held our major fundraising Casino on April 17 and 18. Casino proceeds allow the Association to remain financially viable and help us to continue providing services and facilities for the community. We thank Sonya Hnatiw for organizing the Casino and thank all the volunteers who stepped up to help the community, many of whom worked double shifts.

We are planning a return for the CHCA Bike Day that was so successful last year for Saturday, May 27, 2023. We will be performing safety checks and basic tune-ups with priority given to kids' bikes. There will be activities for the young bikers. To help out during the day, please contact [social@cambrianheightscommunity.com](mailto:social@cambrianheightscommunity.com).

We continue to pursue future enhancements to the Off-Leash Park on 32 Avenue and 10 Street. A small committee is dedicated to development of a central feature, as well as obstacle courses for dogs in this park space. This development will require volunteers and ultimately, tax deductible donations to complete. The City Parks department has been supportive of this development and will be adding more trees to the area this year. We need community involvement to bring this project to active development. Please consult our website ([cambrianheightscommunity.com](http://cambrianheightscommunity.com)) and attend our AGM for updates to this process.

We have scheduled our Annual General Meeting for Tuesday, June 27 at 7:30 pm at our community hall. This is a chance to discover how the community association may help you better appreciate the social opportunities in Cambrian Heights as well as better understand the development issues we are seeing within our neighbourhood. Currently, the community is in need of a community resident to replace our Treasurer who is retiring this year. We also need someone with social media skills to replace our current Newsletter Coordinator, Barb Milne, who is leaving us after 20 years of community service. These are critical positions for the Community Association, controlling our finances and communication activities. This is an opportunity to join an experienced team and help develop the programs, events, and development planning for Cambrian Heights. To discuss these volunteer opportunities, please contact us at [president@cambrianheightscommunity.com](mailto:president@cambrianheightscommunity.com).


*Daryl Connolly, President CHCA*



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**CAMBRIAN HEIGHTS**



**ROSEMONT**





## GAMES & PUZZLES

### Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



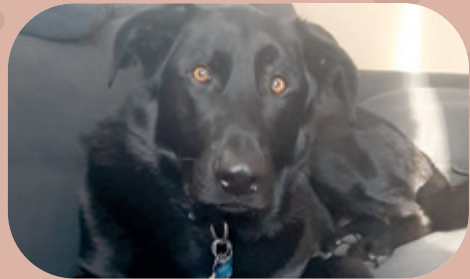
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# CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining our facilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donate hours of their time to manage and create opportunities for you to enjoy.

## MEMBERSHIP BENEFITS INCLUDE:

- Opportunity to meet and engage with your neighbors at events throughout the year
- Discounted fees for participation in Community Programs & Events and facilities
- Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website & email blasts.
- Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces
- Providing input into city & community planning and development processes
- Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.
- Ability to cast your vote at annual AGM on community issues

## Two Ways to Purchase Your CHCA Membership:

1. Apply online on Website ([www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)) and purchase safely & securely (Credit Card or Paypal).
2. Fill out the membership form (Monthly Newsletter or download from CHCA Website) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membership card. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCA Hall or Purchase online at our website: [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

(Personal information is used to inform members of Community events only, no information is shared with other organizations or individuals other than those associated with Cambrian Heights Community Association).

## Membership Type: (Please Select One Only)

### CAMBRIAN HEIGHTS RESIDENTS: ( voting member )

- Senior (\$5.00)    Individual (\$10.00)    Family (\$20.00)    Corporate (\$50.00)

### NON- CAMBRIAN HEIGHTS RESIDENTS: ( non-voting member )

- Associate (\$20.00)

Associate membership cards are not sent out unless proof of membership required for: Please indicate membership purpose:  McKnight Soccer    Yoga    Fun & Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or drop off at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5

## Cambrian Heights Community Needs a Treasurer

Our community will need a new volunteer to handle accounting and financial responsibility starting in June 2023. There are great systems in place for a small community and our current treasurer will be assisting with the transition. Help your community while at the same time gaining a better understanding of local issues and help shape our future. Contact us at [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com) for more information.



## BRAVEHEART

This May marks 28 years since the release of the Mel Gibson directed film, *Braveheart*. The film, which portrays the Scottish revolt against the British in the 13th century, was nominated for ten Academy Awards, five of which it won. *Braveheart* was such a success that it increased tourism in Scotland!



## Community Parks Development



Want to help make this Northmount Drive Park Space more attractive and user friendly? Volunteer to help the community association plant flowers in the spring as we try to add enhancements to increase the use of this park space. Email us for more information at [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com).

Only your participation will make this project possible.



# Rosemont Community Association

PO Box 75007, 9 – 728 Northmount Drive NW,  
 Calgary, Alberta, T2K 6J8  
 Ph: 403-289-6533 • [info@rosemontcommunity.com](mailto:info@rosemontcommunity.com)

## BOARD OF DIRECTORS

President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Vacant
Hall Agent	Jacque Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock

All inquiries can be sent to [info@rosemontcommunity.com](mailto:info@rosemontcommunity.com)

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[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



## ROSEMONT COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION FORM



Rosemont has two membership options. Both options cover all members of a household:

- **Rosemont Resident Membership: FREE**
- **Associate Membership (live outside Rosemont): \$20**

1. Fill out the form at [RosemontCommunity.com/Membership](http://RosemontCommunity.com/Membership) OR
2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Email(s):** \_\_\_\_\_

**Only include email addresses if you want to receive email updates.**

*For mailed-in associate memberships, please make cheques payable to the Rosemont Community Association.  
 If you are emailing us for an associate membership, we will contact to you arrange payment.*

**Please note:** Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

**Website and Hall Rentals** Visit [RosemontCommunity.com](http://RosemontCommunity.com) for all community-related information, including upcoming events and hall rental info. Register for our monthly email blasts and sign up for a community membership too.

**Board Meetings** are held monthly and are open to anyone in the community who wishes to attend. Email us at [info@rosemontcommunity.com](mailto:info@rosemontcommunity.com) for more info about the next meeting.



## ROSEMONT PRESIDENT'S MESSAGE

The quick rundown:

1. Casino
2. Pub Night
3. Stampede Breakfast

Howdy Rosemontians! I hope everyone is doing well and staying safe.

As we move into spring, be sure to contact 311 if you see potholes, ice dams, etc. The city can only help if they are aware of the issue. You can call them, submit it online, or you can use their app (it works quite well actually).

We are still looking for a couple more casino volunteers to help us out on May 11 and 12. No experience is required and it's a great way to meet some new people in the community. If you can spare a few hours, please contact us and we'll put you in contact with our terrific coordinator, Ian Kirkland.

Join us on May 13 at 7:00 pm for a great Pub Night at the hall! Find all the details, including RSVP info at RosemontYYC.com. It will be a great time so be sure to come down and enjoy some great drinks, food, and a fantastic time with friends and neighbours.

We are still looking for assistance with coordinating and assisting the Stampede Breakfast and other events this year. Please reach out if you would like to assist as we can't do these events without volunteers like you.

As we get into the spring season, our friends at LDK Foundation Karate Group and Common Digs (both renters at the community hall) have terrific spring and summer programs coming up. If you haven't checked them out already, I highly recommend you do so as they offer fantastic programming. You can find their details on our website at RosemontYYC.com.

As always, keep looking after family, friends, neighbours, and yourselves.

*Matthew*



# PUB NIGHT



**May 13 at 7:00 pm**

Come on down for some drinks, food, and general good times!

RSVP and details at [RosemontYYC.com](http://RosemontYYC.com)

## Joke of the Month

What do you call a little bear with no teeth?

A gummy bear.



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# Shinny Message

by Jean Blackstock

On March 21, 2023, 27 of the 28 2023 Rosemont Shinny Hockey Players took to the ice at the Acadia Rec Plex for a great game with sisters, brothers, moms, and dads. After the game, we all gathered for a celebration of the season with pizza and the handing out of medals. It was a great party including Matthew Guilherme, our community President, who came to wish Grant Parks and Danielle Parks a fond farewell.

Grant Parks has been our great Shinny Coach for 14 years! We are very sad to see him go but wish him well in his next volunteering endeavors. Danielle has been assisting Grant for 10 years and before that was a Shinny player herself. We hope she can squeeze in some Shinny time beside her busy Engineering career. Matthew presented Grant and Danielle engraved tankards to remember their Rosemont Shinny experience. Raegan Reiter also assisted with coaching this year and we hope

she can return. As usual, a big shout out to the Ice Guys for keeping the Rosemont ice so good to skate on and going above and beyond to clear it for us when we had big snows.

The following Hockey Players made up the Rosemont Shinny Hockey Team 2023:

- Desmond Cole
- Declan Lau
- Isaac Palardy
- Winston Stuart
- Penny Garner
- Samuel Lau
- Owen Parsons
- Cooper Waldie
- Jack Graves
- Anthony LeMoine
- Benjamin Prodor
- Edison White
- Wyatt Graves
- Oliver Loftus
- Leland Prodor
- Cooper Zhu
- Liam Hill
- Allie Moersch
- Oliver Stephen
- Matthew Hu
- Tyson Mort
- Ari Stephenson
- Rosalind Kerry
- Simon Oliver
- Ravi Stephenson
- Colin Lamoureux
- Emery Palardy
- Theodore Stuart



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# JEREMY NIXON

## CALGARY-KLEIN

### HUSBAND. FATHER. COMMUNITY BUILDER.

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I've heard from people like Donna. Four years ago, her son had lost hope and was out of work. Donna was anxious about her son's future, worrying he would have to leave Alberta to find work. Fast forward to today, Donna's son has found a job in his trained field and is living happily. This is one of the many success stories I've heard on the doorstep as a result of a thriving economy.

Since 2021, under the UCP, Alberta has seen 212,000 new jobs, balanced two budgets, and lowered both personal and business taxes. Because of this, we have tens of thousands of Canadians moving to our province for the great opportunities that now exist here.

Throughout the inflation crisis, we have brought forward many ways to relieve the burden on Alberta families such as the Affordability Relief Payments for seniors, families, and Albertans in need. We've also halted the fuel tax, introduced rebates for electricity and natural gas, and increased supports for vulnerable Albertans. Our work here is not done yet. Let's keep building off this momentum together!



**JEREMYNIXON.CA INFO@JEREMYNIXON.CA (587) 885-1595**

AUTHORIZED BY THE OFFICIAL AGENT OF THE UCP CALGARY-KLEIN CONSTITUENCY ASSOCIATION

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