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VOLUME 202

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REAL SUIAIL ACTIVITI					
		Properties		Median Price	
		Listed	Sold	Listed	Sold
January	24	9	8	\$607,500	\$628,000
December	23	1	6	\$564,450	\$563,625
November	23	9	9	\$589,000	\$583,300
October	23	12	9	\$574,900	\$567,500
September	23	12	19	\$574,900	\$572,000
August	23	19	14	\$652,450	\$663,500
July	23	13	17	\$559,900	\$580,000
June	23	21	17	\$525,000	\$560,000
May	23	17	16	\$534,850	\$532,400
April	23	8	11	\$549,900	\$515,339
March	23	13	10	\$537,000	\$543,000
February	23	10	8	\$507,493	\$512,500

To view more detailed information that comprise the above MLS averages please visit hid.mycalgary.com

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Hidden Valley Community Association Is in Trouble

Hidden Valley Community Association (HVCA) stands at a critical juncture, facing the looming risk of closure if membership fees and volunteer participation does not increase. With approximately 4,000 households in Hidden Valley and Hanson Ranch, the HVCA relies on the support of its residents to sustain essential services and amenities that enhance community life.

Currently, only around 150 households, on average, contribute to the HVCA through the \$30 household membership fee. This low participation rate poses a significant challenge to the association's financial stability and its ability to maintain vital community assets. Even if half of the residents of Hidden Valley and Hanson Ranch paid the membership, we would be able to cover our day-to-day costs of running and maintaining the association, and also continue on with our projects that are in the pipeline such as a brand-new hockey rink and upgrades to the hut.

Without sufficient funding, the HVCA faces the sobering prospect of losing essential amenities that contribute to the quality of life in Hidden Valley and Hanson Ranch. These include the beloved hockey rink, where residents gather for friendly games and community events. The closure and subsequent removal of the rink by the city would not only deprive residents of a cherished recreational space, but also diminish the sense of community camaraderie that it fosters.

Additionally, services such as the Hidden Hut, a hub for social gatherings and neighbourhood meetings, are at risk. The closure of the Hut could potentially result in the city leasing it out to a business for operations, or it would fall into disrepair. Should the hut be closed the HVCA's maintenance of flowerpots, lawn care services, waste removal, playground upgrades, porta-potties and festive Christmas lights will also be discontinued. Furthermore, the HVCA covers the insurance for our community landmarks like the Hidden Valley Rock on 14th, the Hidden Valley Horses statues, and the Hanson Ranch entry sign. Without adequate funding, maintenance will cease, and should damage occur to one of these iconic community landmarks, they will be earmarked for removal.

Moreover, the HVCA's support for initiatives like the Sounds and Spirits event and other community initiatives like the Inspire Our Future art project which we covered the community garbage receptacles in beautiful local art, are in danger. Additionally, we don't have the resources outside of the board that can support sports programs in our neighbourhood.

The closure of the HVCA would not only result in the loss of essential services and amenities, but also undermine the sense of community cohesion and pride that residents have worked hard to cultivate.

To prevent this dire outcome, it is crucial for residents of Hidden Valley and Hanson Ranch to rally together in support of the HVCA. By increasing membership participation, making donations, and volunteering time and resources, residents can ensure the continued vitality and sustainability of their community association. Together, we can preserve the unique spirit of Hidden Valley and Hanson Ranch for generations to come.

The easiest way to help is to buy a membership to the Hidden Valley Community Association and to keep contributing yearly. We are happy to accept donations, as well as, many hands make light work, if you could donate your time, we need volunteers almost as badly as we need money. Please follow this link and join the HVCA: https://hiddenhut.org/why-join/join/.





St. Patrick's Day

St. Patrick's Day, celebrated on March 17, commemorates the patron saint of Ireland, St. Patrick. While it is deeply rooted in Irish culture and history, the celebration of St. Patrick's Day has also become a cherished tradition in Canada, particularly among the Irish diasporas.

The history of St. Patrick's Day in Canada can be traced back to the early waves of Irish immigration to the country. During the 19th century, Ireland experienced significant economic hardships, leading many Irish families to seek new opportunities abroad, including in Canada. As Irish immigrants settled in cities like Toronto, Montreal, and Halifax, they brought with them their customs, traditions, and religious practices, including the celebration of St. Patrick's Day.

In the early years, St. Patrick's Day was primarily observed as a religious feast day among the Irish Catholic community in Canada. It was marked by attending mass, participating in processions, and enjoying traditional Irish foods and music. However, overtime, the celebration evolved into a more inclusive cultural event that transcended religious boundaries.

In Canadian cities with sizable Irish populations, St. Patrick's Day became a public celebration characterized by parades, concerts, and festive gatherings. The iconic symbol of St. Patrick's Day, the shamrock, became ubiquitous, adorning clothing, decorations, and parade floats.

One of the most notable St. Patrick's Day celebrations in Canada is the annual parade held in Montreal, which dates back to the mid-19th century. The Montreal St. Patrick's Day Parade is one of the oldest and largest St. Patrick's Day parades in North America, attracting thousands of spectators each year.

Today, St. Patrick's Day in Canada is celebrated by people of all backgrounds, not just those of Irish descent. It is a day to embrace Irish culture, heritage, and hospitality, with festivities that include everything from traditional Irish dance performances to pub crawls featuring Irish music and cuisine.

In essence, the history of St. Patrick's Day in Canada reflects the enduring influence of Irish immigrants on the country's cultural tapestry and the universal appeal of celebrating heritage and community.



The 110th Calgary Guide unit in Aurora Sky district has been having a great year! We have a large unit with 24 guides, four Guiders, and many parent volunteers. We still have a large waitlist for our unit and need more adult volunteer Guiders to open another Guide unit. If you are interested in getting involved in Guiding, please contact our District Commissioners: any-calgaryaurorasky@girlguides.ca.

The 110th Guides got out camping early in the year with a tenting camp at Camp Jubilee in Cochrane at the end of September. We were lucky with a beautiful, sunny, warm weekend. It was the first time sleeping in a tent for many of the guides and they all did great! Overnight events are popular with this group, so we have a sleepover planned at Heritage Park and another weekend camping in tents in May.

The eleven first year guides were enrolled into our unit during a ceremony in November. For some of our other highlights, the Guides have enjoyed an after dark night hike at Big Hill Springs Provincial Park, a high school musical theatre performance, a public library scavenger hunt, and a Taylor Swift party. Our upcoming plans include some STEM (science, technology, engineering, math) activities using Let's Talk Science Canada programming, as well as some service projects. The unit will choose a service project to work on as a group and third year guides will organize a service project if they are working towards the Lady Baden Powell award. Our third-year guide is organizing the preparation of scent hearts for babies in the NICU.

We sold out of the 100 cases of mint Girl Guide cookies we ordered in the fall. Thank you to the many community members who support Guiding by buying our cookies!



Time Changes

As March 2024 approaches, it's time to prepare for the biannual ritual of daylight saving time (DST) changes. On March 12, 2024, most regions in Canada, including Calgary, will "spring forward" by setting their clocks forward one hour, marking the beginning of DST.

Daylight saving time serves to maximize daylight during the longer days of summer, providing additional evening sunlight for outdoor activities and conserving energy. However, the transition into DST can also disrupt sleep patterns and daily routines, requiring adjustment and awareness.

As clocks are set forward by one hour, individuals should remember to adjust their schedules accordingly. This includes setting clocks forward before bedtime on the night of March 11, 2024, to ensure a seamless transition into the new timekeeping schedule. While gaining an extra hour of daylight in the evening can be beneficial for outdoor activities and leisure time, losing an hour of sleep may temporarily impact sleep quality and alertness.

To mitigate the effects of the time change, it's essential to prioritize sleep and maintain healthy sleep habits in the days leading up to DST. This includes establishing a consistent sleep schedule, creating a relaxing bedtime routine, and minimizing exposure to screens and stimulating activities before bedtime.

Additionally, individuals should take the opportunity to update the time on electronic devices such as clocks, smartphones, computers, and appliances. Ensuring that timers and schedules are adjusted accordingly will help maintain consistency in daily routines and activities.

While the transition into daylight saving time may require some adjustment, it also brings the promise of longer days and the arrival of spring. Embracing the change in time and making the most of extended daylight hours can lead to opportunities for outdoor recreation, socializing, and enjoying the beauty of nature.

By staying informed and prepared for daylight saving time changes in March 2024, residents of Calgary and beyond can navigate the transition smoothly and embrace the arrival of springtime with enthusiasm and optimism.





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Prairie Winds 4-H Club Update for March

by Abigial Dowler, Prairie Winds 4-H Club reporter

We started off the New Year with a 4-H Camp, Winter Bonanza, at Camp Chestermere for Junior and Intermediate Members. During this camp 4-H members from lots of different clubs came to have fun with each other and the camp counsellors. There was dancing, games, and campfires. This was a two-night camp with cozy cabins and delicious camp food.

There was a decoration takedown from when our club set up some Christmas Spirit at McLean & Partners. Our club is thankful for their support as this is also one of the ways we fundraise for our club.

Our monthly general meeting was busy as always and included a communications workshop to end the night. Speaking of communications, all the members were and some still are busy preparing amazing speeches and presentations. Communications is one component that we must complete as part of our 4-H year. Luckily, we have fellow community members that volunteer their day to hear what our members have prepared and judge us accordingly. Depending on how a member places, they have the choice to advance to the next level which keeps them busy in the month of February and March.



We recently participated in an amazing rock-climbing project where members got to do top rope if they were an intermediate or senior member. The climbing park

was a great challenge for those who were a cleaver or junior member. We received some great instructions and were able to practice our new skills.



Now what about other projects? The canine members went to Sit Happens! Companion Dog Training to learn some basic training skills and have guestions answered by

our trainer Kristi. They donated their facility and time to work with us and our dogs, and it was thoroughly enjoyed by all the members involved.







by Anne Burke

As many of you are aware, there is an annual global community science competition which documents urban diversity in 460 cities.

Find Wildlife. Take a Picture or Record. Share! Public bioblitzes are held across Calgary with local stewardship groups. The challenge engages citizen scientists in finding and documenting plants, animals, and other living organisms in urban areas. Since parks are for everyone, use only designated pathways and trails. Respect wildlife and keep your distance. Use designated garbage bins. Keep dogs leashed and pick up after them. Respect other visitors.

The 2023 City Nature Challenge involved taking pictures from April 28 to May 1, and then identifying them. In all there were over 1.8 million observations, nearly 58,000 species, and 66,394 participants. For example, Urban Bee Flies were among one of the species identified and they are important pollinators in Calgary. One of Calgary's most observed butterflies, in spring and fall, was the Mourning Cloak. Common Greenshield Lichen and Red-stemmed Feather Moss were also observed in Calgary. A Water Strider was observed in Bowness Park. A Boreal Chorus Frog was also observed in a threatened wetland of Calgary. The Canada Goose in Calgary's urban ecosystem was also observed. An Orange-Crowned Warbler in Weaslehead Natural Area was also identified. Find pictures of all these species and more at www.citizenblitz.ca/.

Yes, the City Nature Challenge will take place again this year. The dates for the event are April 26 to April 29: Taking pictures of wild plants and animals. April 30 to May 5: Identifying what was found. Canadian and global results will be announced on Monday May 6, 2024. This will be the sixth year for Calgary Region participation and there are awards for the top cities. It can be any plant, animal, or any other evidence of life found in the City. Take a picture of what you find or record a sound. Be sure to note the location. Share your observations. The set up for the project page, working with the global organizer team for materials, and more can be found at: www.inaturalist.ca/projects/city-nature-challenge-2024-calgary-metropolitan-region.

Cultivating Green Splendour: Gardening Tips for Hidden Valley, Calgary

Nestled amidst the scenic landscapes of Calgary, Hidden Valley boasts a unique charm with its rolling hills and stunning vistas. For residents fortunate enough to call this picturesque neighbourhood home, gardening becomes not just a hobby but a way to enhance the natural beauty of their surroundings. Whether you're a seasoned gardener or a novice enthusiast, here are some tips tailored specifically for cultivating green splendour in Hidden Valley:

1. Know Your Zone

Understand the growing conditions specific to Hidden Valley, considering factors such as sunlight exposure, soil quality, and microclimates. As part of Zone 3 in the plant hardiness zone map, Hidden Valley experiences colder temperatures and shorter growing seasons, influencing plant selection and care.

2. Choose Cold-Hardy Plants

Opt for cold-hardy plant varieties that can withstand Calgary's fluctuating weather conditions, including frost-tolerant perennials like coneflowers, daylilies, and ornamental grasses. Incorporate native plants whenever possible, as they are well-adapted to the local climate and require less maintenance.

3. Plan Your Garden Layout

Design your garden layout to maximize sunlight exposure and airflow while considering the natural contours of the landscape. Utilize raised beds or containers for vegetables and herbs, ensuring proper drainage and soil warmth for optimal growth.

4. Water Wisely

Practice efficient watering techniques to conserve water and promote healthy root development. Water deeply and infrequently, preferably in the morning to minimize evaporation and fungal diseases. Consider using mulch to retain soil moisture and suppress weed growth.

5. Extend the Growing Season

Take advantage of Calgary's short growing season by employing season-extending techniques such as cold frames, row covers, or hoop houses. These structures provide protection from frost and allow you to start planting earlier in the spring and continue harvesting later into the fall.

6. Embrace Container Gardening

Embrace the versatility of container gardening, especially for residents with limited space or challenging soil conditions. Select containers with adequate drainage holes and fill them with high-quality potting mix. Explore vertical gardening options to maximize vertical space and add visual interest to your outdoor living areas.

7. Practice Sustainable Gardening

Adopt eco-friendly practices such as composting, mulching, and using organic fertilizers to nourish your garden and reduce environmental impact. Choose native and drought-tolerant plants to conserve water and support local wildlife populations.

By following these gardening tips tailored for Hidden Valley, Calgary, you can create a lush and vibrant outdoor oasis that complements the natural beauty of the surrounding landscape. Whether you're cultivating a bountiful vegetable garden or creating a tranquil sanctuary with colourful blooms, gardening in Hidden Valley is a rewarding endeavour that brings joy and serenity to residents year-round.



WINNIE IS CANADIAN

In World War I, Canadian soldier Harry Colebourn adopted a black bear cub, Winnipeg (Winnie). Donated to the London Zoo in 1914, Winnie captured the heart of Christopher Robin Milne. He named his teddy bear after her, inspiring A. A. Milne's creation of the timeless Winnie the Pooh stories. The rest is cuddly, whimsical history!



GAMES & PUZZLES

Guess the Country!

- 1. Over 80% of this Asian country is mountainous.
- 2. This European country is also known as The Emerald Isle.
- 3. Asmara is the capital of this African country.
- It is mandatory in this South American country to play the national anthem twice on television and radio every day.
- This Central American country's capital has a rain forest within its city limits, making it the only known one in the world.
- 6. This Oceanic country, known for its 7s rugby team, is composed of over 300 islands.





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Councillor, Ward 3 Jasmine Mian

- $\begin{tabular}{ll} \hline \bf f @jasminemian & @jasmine.mian \\ \hline \end{tabular}$
- X @jasmine mian

City-Wide Rezoning Proposal

To address the on-going housing affordability crisis, cities across Canada are taking steps to make home building easier. The City of Calgary is proposing a city-wide rezoning, which will allow duplexes and rowhouses to be built in more places across the city. Postcards were mailed to affected residents in January about city-wide information sessions.

This month impacted landowners will receive additional notification of the proposal.

A public hearing date has been set for April 22, 2024. You can register at calgary.ca/publichearing.

You can learn more about how this affects you at calgary.ca/rezoningforhousing.

Single Use Items Bylaw Repeal

In January, City administration rolled out a Single Use Items Bylaw. Many residents reached out to my office to express concerns about the bylaw. There were requests for changes, as well as requests to fully repeal the bylaw. In particular, I heard frustration about the bylaw's application in drive-thru and fast-food establishments. After much debate about whether to change aspects of the bylaw, or scrap it, Council decided to proceed with a full repeal. Thanks to everyone who reached out to express their concerns.

Blindfolded Brainiac

Rajveer Meena holds the world record for memorizing the most digits of Pi at 70,000! To put his impressive feat into perspective, if we were to write down 70,000 decimal places of Pi, it would stretch over 21 kilometres in length. So, not only did Rajveer showcase an incredible memory, but he also managed to do it while blindfolded.



MLA Calgary-North Hon. Muhammad Yaseen

104 - 200 Country Hills Landing NW T3K 5P3

- □ calgary.north@assembly.ab.ca
- f @muhammadyaseenyyc

The Alberta Culture Days grant is now open, and applications will be accepted until March 15, 2024 from communities and cultural organizations that are interested in hosting Alberta Culture Days events from September 1 to 30, 2024. Organizations may apply by visiting www.alberta.ca/alberta-culture-days.aspx.

Alberta's government is investing \$9.9 million to support 260 non-profit organizations across the province. Building strong and vibrant communities ensures Albertans have access to a range of opportunities to connect with their neighbours, learn new skills, and get involved in local activities. Funding from the CIP grants can be used by these organizations for programming and event hosting costs, equipment purchases, additional staffing, operating costs, technology enhancements, and marketing. The CIP empowers and supports non-profit organizations that deliver social, recreational, and cultural programs, and projects to help Albertans engage with their community.

Also, on behalf of Panorama Hills Residents Association, I'm pleased to pass on the following:

"We have rebranded our association, launched a new website, and are currently in the midst of an expansion project. The name has changed from Northstar Residents Association Ltd. (NSRA) to Panorama Hills Residents Association (PHRA). Our new website has a fresh design and user-friendly features. Finally, we are happy to share that the expansion project is progressing well, and we expect to complete it by December 2024."

As always, thank you to my constituents for their support as I carry out my duties as your MLA.

Sending you warm wishes for the spring season!



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