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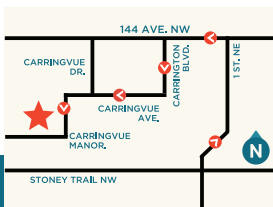
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January	24	9	8	\$607,500	\$628,000
December	23	1	6	\$564,450	\$563,625
November	23	9	9	\$589,000	\$583,300
October	23	12	9	\$574,900	\$567,500
September	23	12	19	\$574,900	\$572,000
August	23	19	14	\$652,450	\$663,500
July	23	13	17	\$559,900	\$580,000
June	23	21	17	\$525,000	\$560,000
May	23	17	16	\$534,850	\$532,400
April	23	8	11	\$549,900	\$515,339

To view more detailed information that comprise the above
MLS averages please visit hid.mycalgary.com

CONTENTS

- 6 HIDDEN VALLEY PLACEMAKERS
- 8 HVCA'S PLAYGROUND UPDATE
- 11 NEWS FROM THE FRIENDS OF NOSE HILL
- 14 HIDDEN VALLEY SCHOOL'S NEW PLAYGROUND BREAKS GROUND ON JULY 15
- 15 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL
HIDDEN VALLEY CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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Mother's Day

As Mother's Day approaches in 2024, it's time to celebrate and honour the remarkable women who play an indispensable role in our lives. Mother's Day, observed on the second Sunday of May each year, provides an opportunity to express gratitude and appreciation for mothers, grandmothers, stepmothers, and maternal figures who have made a profound impact on our upbringing and well-being.

In 2024, Mother's Day takes on added significance as families reunite and cherish moments of togetherness after navigating the challenges of the past years. Whether near or far, the love and admiration for mothers transcend physical distance, as we find creative ways to celebrate and connect with them.

As the world gradually emerges from the shadow of the pandemic, Mother's Day offers a chance to reflect on the resilience and strength demonstrated by mothers worldwide. From balancing work and family responsibilities to providing unwavering support and love, mothers have been the pillars of strength during uncertain times.

2024's Mother's Day celebrations may include a diverse array of activities, ranging from heartfelt gestures and thoughtful gifts to shared experiences and quality time spent together. Whether it's a homemade brunch, a leisurely stroll in the park, or a virtual gathering with loved ones, the focus remains on expressing love, appreciation, and gratitude for the maternal figures in our lives.

In addition to celebrating individual mothers, Mother's Day in 2024 may also serve as an occasion to advocate for gender equality, maternal health, and women's rights. It's an opportunity to recognize the invaluable contributions of mothers to society and work towards creating a more equitable and inclusive world for future generations.

As we mark Mother's Day in 2024, let us not only celebrate the love and sacrifices of mothers but also reaffirm our commitment to supporting and uplifting them in every aspect of their lives. Whether through words of encouragement, acts of kindness, or simply being present, let us honour mothers in a meaningful and heartfelt manner, acknowledging the profound impact they have on shaping our lives and shaping the world.

Hidden Valley Placemakers

When commuting in Hidden Valley, there are familiar landmarks and placemakers. Two significant assets that act as a welcome to our community are the rock feature at the 14 Street entrance and the horses on Hidden Valley Drive. Currently, these assets are under HVCA's stewardship. HVCA has an agreement with the city which allows the association to maintain and do improvements. As well, HVCA insures these assets. It is through grassroots community effort that these features are well kept. In the past year, the shrubbery at the horses was cleared and the lights at 14 Street were reinstated.

Without a community association, these placemakers would not be maintained. It has been volunteers who painted the horses and the wooden structure on Hidden Valley Drive. In past years, the horses were vandalized a few times. It was HVCA that repaired them.

HVCA relies on funding either through community membership, grants, donations, or other fundraising initiatives. HVCA is volunteer run. Hidden Valley is not under an HOA (homeowners association). If HVCA ceases to exist, there would not be a voice to advocate for these features and they would no longer be maintained. The community would lose these welcome features. Please consider purchasing a membership to support the community association and our efforts to keep Hidden Valley a beautiful neighbourhood.



*Happy Mother's Day!
Or Maybe Not...*



This year in Canada, Mother's Day will be celebrated on May 12. But this is not the same for moms in other countries. In Arab countries it's March 21, and in the UK, it's on the fourth Sunday of Lent. Whenever it is, let's just agree moms deserve all the love, pampering, and chocolates they can get!

Free Comic Book Day

Free Comic Book Day, celebrated annually on the first Saturday of May, is a beloved event that brings together comic book enthusiasts, fans, and newcomers alike to celebrate the art form and culture of comics. Originating in 2002, Free Comic Book Day aims to promote literacy, foster community engagement, and support local comic book shops by offering free comic books to customers.

For comic book fans, Free Comic Book Day is an eagerly anticipated occasion to discover new titles, explore different genres, and connect with fellow enthusiasts. Participating comic book shops across the globe offer a selection of specially printed comic books for free, ranging from popular superhero titles to independent and niche publications. These free comics serve as an introduction to the diverse and vibrant world of comics, catering to readers of all ages and interests.

Beyond the free comics themselves, Free Comic Book Day events often feature signings, artist appearances, cosplay contests, and other festivities that enhance the overall experience. It's a chance for fans to meet their favourite creators, engage in lively discussions about their favourite characters and storylines, and immerse themselves in the creative energy of the comic book community.

Free Comic Book Day also plays a vital role in supporting local comic book shops, which serve as hubs of creativity, imagination, and fandom within their communities. By attracting new customers and generating excitement around comic books, Free Comic Book Day helps drive traffic to these independent businesses and fosters a sense of camaraderie among fans and retailers alike.

Moreover, Free Comic Book Day serves as a celebration of the artistry and storytelling prowess of comic books as a medium. From the intricately illustrated pages to the compelling narratives that transport readers to fantastical worlds, comic books captivate audiences with their visual and narrative richness.

In essence, Free Comic Book Day is more than just a day to acquire free comics - it's a celebration of creativity, community, and the enduring appeal of comic books as a form of entertainment and artistic expression. Whether you're a seasoned comic book aficionado or a newcomer eager to explore this dynamic medium, Free Comic Book Day offers something for everyone to enjoy and appreciate.

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Filming in Calgary

Filming in Calgary during May 2024 offers a unique opportunity to experience the excitement of the film industry firsthand and potentially become a part of cinematic productions unfolding in the city. With its diverse landscapes, urban settings, and supportive infrastructure, Calgary serves as a popular filming location for a wide range of film and television projects.

During May 2024, Calgary may host various film and television productions, ranging from blockbuster movies to independent films and television series. The city's dynamic urban environment, picturesque natural scenery, and versatile filming locations make it an attractive destination for filmmakers seeking diverse backdrops and settings.

For residents interested in participating as extras in film and television productions, there are several avenues to explore. Production companies often seek individuals of all ages, backgrounds, and ethnicities to populate scenes and add authenticity to storytelling. Being an extra provides a behind-the-scenes glimpse into the filmmaking process and offers an opportunity to be part of cinematic moments captured on screen.

To become an extra in a film or television production in Calgary, individuals can register with local casting agencies, which often facilitate casting calls and auditions for extras roles. Additionally, production companies may post casting notices on their websites or social media platforms, inviting interested individuals to apply for specific roles or background opportunities.

Participating as an extra requires flexibility, patience, and professionalism, as filming schedules may vary, and scenes may require multiple takes to achieve the desired outcome. Extras should be prepared to follow instructions from directors and production staff, maintain continuity between shots, and adhere to any wardrobe or makeup requirements specified for their roles.

Being an extra in a film or television production can be a rewarding and memorable experience, offering a chance to contribute to the creative process and immerse oneself in the world of storytelling. Whether as a background player in a bustling city scene or a passerby in a tranquil outdoor setting, extras play an integral role in bringing cinematic visions to life on screen. For those interested in exploring the world of filmmaking and being part of Calgary's vibrant film community, participating as an extra during May 2024 can be a fulfilling and enriching endeavour.

HVCA's Playground Update

Since 2021, the HVCA's H2 Spaces team has been fundraising to rebuild the playground (also referred to as the Duck Pond) off of Hidden Circle/Hidden Valley Heights. From bakes sales to bottle drives, grant funding support from Parks Foundation Calgary, a monetary contribution from the City and the generous donations from residents, we have now raised 50% of the total project costs to-date. What's next? We have applied for a Small Stream Community Facility Enhancement Grant with the Government of Alberta. If successful, then we will have reached our total project cost of \$160k+ and this park space can be revitalized this fall. Stay tuned for further updates this August.

Sarah P

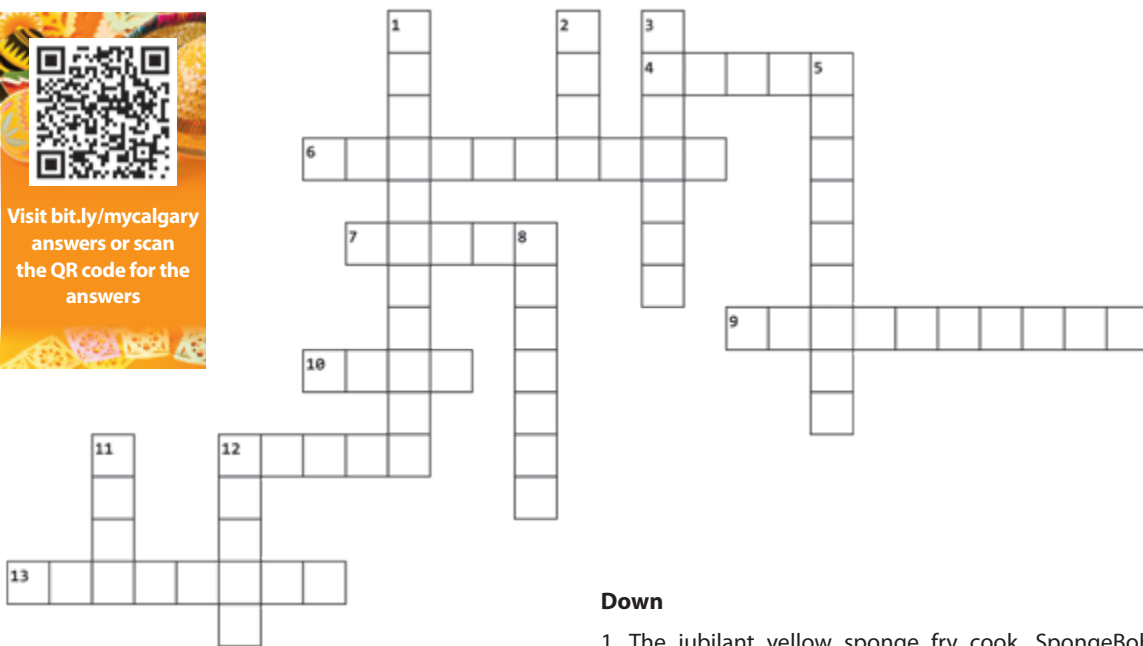
HVCA Volunteer Playground Coordinator



MAY THE FOURTH BE WITH YOU

The original Star Wars trilogy could have ended very differently if George Lucas had gone with his first idea. Luke Skywalker almost took a dark detour following in his father, Darth Vader's footsteps. Ultimately, the team decided against this and good prevailed over the dark side.

May Crossword



Across

4. On May 25, 1963, the legendary comedian Mike _____ was born in Scarborough, Toronto. He is well-known for characters such as Austin Powers, Shrek, and Wayne Campbell.
6. This movie, which tells the story of Sir William Wallace leading a rebellion against the English to free Scotland from King Edward I's rule premiered on May 18, 1995.
7. In May 1873, Levi Strauss and Jacob Davis created this fashion forward denim pants.
9. This annual international song competition starts on May 7 this year and has seen winners in the past such as Celine Dion and ABBA.
10. Born in Fort Macleod, Alberta, _____ Mitchell was inducted into the Rock and Roll Hall of Fame in 1997.
12. In May 1997, Garry Kasparov started a game of _____ with IBM supercomputer Deep Blue.
13. In May of 1992, M.C Hammer's horse, Dance Floor, came third in the _____ Derby.

Down

1. The jubilant yellow sponge fry cook, SpongeBob _____ first graced our screens in May 1999, on Nickelodeon.
2. On May 25, 1997, one of George Lucas' greatest creations *Star Wars: Episode IV – A New _____* was released.
3. The official birthstone of May most famously symbolizes rebirth and growth; however, others suggest that the birthstone actually symbolizes love and success.
5. On May 19, 2020, Suzanne Collins released *The Ballad of _____ and Snakes*, a prequel to her *Hunger Games* trilogy.
8. The famous phrase "*April _____ bring May Flowers*" first appeared in a poem written by English Poet Thomas Tusser in the 1500s.
11. The first film of the Marvel Cinematic Universe, _____ *Man*, starring Robert Downey Jr. is released on May 2, 2008.
12. _____ de Mayo is celebrated on May 5 every year and honours the Mexican army's victory over the French in 1862.



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Prairie Winds 4-H Club Update for May

by Abigail Dowler, Prairie Winds 4-H Club reporter



We started off the month of March by learning how to decorate cookies. In this advanced cookie decorating workshop, we learned how to decorate cookies by flooding them with icing. It was Easter themed, so we made a carrot, an egg, and a bunny. My favourite was the egg because we got to put gold specs on it to make it look like a robin's egg.

We also did many other workshops over the past month; the Rothney Observatory was late at night so we could look at the night sky and find constellations.



This involved using a telescope to see the sky and find planets. Following Rothney there were two workshops on the same day, Crochet and Lego Robotics. During the crochet workshop members got to learn the simple knots and started to crochet a mini dinosaur, there will be a second part to this workshop where we will complete the project. The Lego Robotics included building a robot out of Lego pieces then coding it to move around tables and floors.

We had our monthly general meeting followed by a fun little social after. We played dodgeball with a twist where the balls were socks. We did senior members versus intermediate and junior. This game sure was fun!

We also had a few members in our club move on to higher levels of communications in 4-H at the Areas and District levels over the past month. Those that successfully placed will shortly compete at the Regional Level.

Overall, it was another fun and full month of 4-H.



News from the Friends of Nose Hill

by Anne Burke

A breeding bird monitoring survey in Nose Hill Park recorded a total of 70 species. Of 44 species tested, 22 were nesting and 22 were only visitors. Another 26 were random observations (not part of the survey). Birds flying over and not using the habitat were excluded from analysis. To assess how populations have changed over time, when a previous study was compared, a few species occurred in one year but not in both. However, the overall decline was in nesting grassland birds. The recent test recorded all birds observed during the breeding season (early June to early July) for ten minutes between sunrise and 10:00 am. A total of 23 circular plots surveyed on eight occasions were recorded with GPS technology and mapped. The habitats described and photographed were mostly tall or low shrub and woodland. The result was the disappearance of four (and decline of three) nesting grassland bird species. Here are some of the causes: human disturbance, loss of native grassland by non-native plants, lack of grazing, climate change, bird species outside Calgary, and off-leash dogs on the escarpment (slopes), especially during the breeding season. For effective conservation and management strategies, City Parks must continue to monitor breeding birds. World Migratory Bird Day was created in 1993 and celebrates a migratory bird's spectacular migration; it is dedicated to raising awareness about the need to conserve migratory birds and their habitat. Aligning with the cyclic nature of bird migration in different hemispheres, it is officially celebrated on the second Saturday of May in Canada and the U.S, so on Saturday, 11 May in 2024. The official theme will focus on the topic of insects and their importance for migratory birds. For more information and resources, visit www.birdday.ca.

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One year ago, on May 29, I was elected to represent my home riding of Calgary-Beddington. Much like the old adage, “the days are long, but the years are short”, this first year has flown by! The focus in this first year has been on setting up the constituency office to best address community needs, learning the ropes in the Legislature, and spending time in the community to hear your concerns.

It has been wonderful meeting so many Calgary-Beddington constituents over this last year. Sometimes you come to me, and we love having you drop into our office or pop by one of our ‘Meet Your MLA’ events at the Judith Umbach Library. Sometimes we meet in the middle, at community events like Huntington Hills’ pancake breakfast, Sounds and Spirits in Hidden Valley, or the Winter Carnival at the Beddington Theatre Arts Centre. Sometimes I come right to your doorstep, because the best engagement happens where people are (and often people are) at home.

However we may have met, I want to thank you for giving me your time and attention. Thank you for bringing me your concerns about leaving the CPP, about long wait times for hip and knee surgeries, about coal mining in our mountains, and about education funding that has dropped to the point that we now have the lowest funded students in the country.

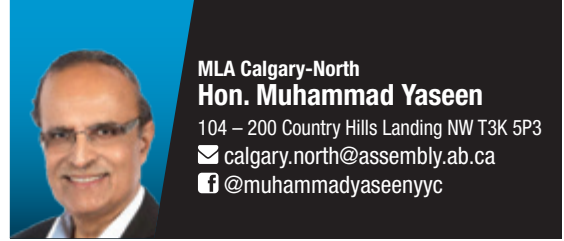
I will continue to raise your issues in the Legislature and hold this government to account. I look forward to meeting you one day soon whether it be in my office, at a community event, or on your doorstep.

JOKE OF THE MONTH

WHAT DO YOU CALL A LAZY KANGAROO?

A POUCH POTATO!





Here are some major updates related to Ward 3, the City of Calgary, and Council decisions.

Proposal to Rezone: Decision

To find out more about how the Council voted regarding the proposed rezoning, visit www.jasminemian.ca.

Got Junk?

With spring comes spring cleaning. Community cleanups are happening across the city and can help save you a trip to the landfill. The city supplies packer trucks and crews to assist community volunteers, who will help you get rid of unwanted items that wouldn't normally fit in a black bin.

Here are the cleanups in Ward 3:

- May 18 – Northern Hills Community Association
- June 8 – Livingston Community Association
- June 23 – Sandstone MacEwan Community Association
- June 30 – Hidden Valley Community Association

Visit calgary.ca/cleanups to view all the locations.

Neighbour Day

Calgary's annual celebration of community is coming up on Saturday, June 15. If you want to get involved in organizing your own event, check out the details and options for funding at calgary.ca/NeighbourDay.

Make Every Drop Count

While conditions have improved a bit, the Calgary region still remains in a drought.

There are a few practical steps everyone can take to make a big difference.

- Run full loads of dishes and laundry.
- Don't let the tap run when brushing your teeth – saves up to 32 liters per day.
- Shave a few minutes off your shower – five minutes can save 100 liters.
- Fix any leaky taps or toilets.
- Choose water-wise plants.
- Install a rain barrel.

For full details on drought conditions and resources like rain barrels, visit www.calgary.ca/water/programs/drought.

Happy Mother's Day! Thank you to mothers everywhere for everything you do.

As of April 1, when seniors visit their preferred registry office, they will be eligible for a discount on services like vehicle registration renewals, driver's licenses, standard plates, and vital statistics products like marriage licenses. Eligible seniors must be a resident of Alberta and 65 years of age or older on the day they purchase the registry services.

Alberta's government is working to ensure every Albertan receives required surgeries within clinically recommended wait times. The latest waitlist data shows more Albertans are receiving their surgeries within clinically recommended times than at any time since 2020. The government will also continue to invest in acute care, prioritizing initiatives like the Facilitated Access to Specialized Treatment (FAST) program and Rapid Access Clinic pilot to reduce surgical wait times. Albertans deserve reliable health care, and a new, integrated system will improve patient outcomes to better support our world-class health care professionals.

Calgary is home to a thriving arts and culture scene, which has cemented the city as a premium destination for performing and visual arts. Through Budget 2024, Alberta's government is investing in cultural infrastructure in downtown Calgary, which will create local jobs, attract tourists, and revitalize Calgary's downtown.

Alberta's government has recently added hotel surge capacity, so that eligible Ukrainians arriving in Alberta have a place to stay for up to 14 days upon arrival. Your government continues to offer numerous services and supports for Ukrainian evacuees and continues working to extend key services such as health care and emergency financial supports beyond April 30, 2024, as needed.

As always, thank you to my constituents for their support as I carry out my duties as your MLA.



Hidden Valley School's New Playground Breaks Ground on July 15

It's been three long years, but the Friends of Hidden Valley School Society is proud to announce that all funds have been raised to build our new inclusive playground located directly behind our school.

Special thanks go out to our school council parent volunteers (past and present) who poured many hours of volunteer time to perform school and community engagement, brainstorming and initiating fundraising campaigns and countless hours of grant writing. We'd also like to thank all our students, their families, school staff, and community members for participating in our fundraising initiatives and providing donations.

Site demolition of the existing playground will take place the first few weeks of July and the new playground build will commence on July 15. Construction is anticipated to take a minimum of three weeks.

Our new playground will be the first inclusive playground out of all three schools located in Hidden Valley and will be a park space that not only our students can enjoy during bell times, but our community will benefit from year-round. Stay tuned for information about our grand opening this fall.

Detailed information about our playground project can be found on our school website here: [Playground Project - Hidden Valley School \(cbe.ab.ca\)](#).



Hanson Ranch Sign

When entering Hanson Ranch from Beddington Trail onto Hidden Creek Drive, you will see the entrance feature on the corner by Circle K. This corner lot includes a fence, sign, trees, and shrubs. This corner is owned by HVCA. It is the community association's responsibility to maintain. This past summer, HVCA invested in the corner, hiring a contractor to remove the dead trees. As well, a group of volunteers did work clearing the site and trimming the shrubs. This effort resulted in significant improvement of the appearance of the site. In the past, HVCA has painted the fence and sign.

For many years, HVCA has had a local vendor clear the corner lot throughout the summer so that it looks tidy. Due to lack of support (low membership numbers), HVCA has not been able to renew the contract for lawn care this year. Without a community association, the Hanson Ranch sign would no longer be insured or maintained. If this is not the outcome you would like to see, please support HVCA by purchasing a membership.

Do you know a young person thinking about suicide?

Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide and their caregivers.

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