# HIGHLAND PARK

**SUMMIT** 

THE OFFICIAL HIGHLAND PARK COMMUNITY NEWSLETTER





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## HIGHLAND PARK COMMUNITY SENIORS' LUNCHEON

Next Lunch: Tuesday, March 19 at noon Coffee/tea served at 11:30 am Confirm attendance by March 12. \$6 per person for HPCA members \$10 per person without membership HPCA seniors' membership is \$5 per year Contact seniorscoordinator@hpca.ca or 587-439-7263 to register to attend.



www.highlandparkphysio.ca



## **Highland Park Community Association**

403-276-6969 ♀3716 2 St NW

DAADD OF DIDECTORS			
BOARD OF DIRECTORS	у .		
President Vice Described	Vacant		
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Availability Calendar	npca.ca/nan-calendar		
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Good Food Box	Ellen Peterson		
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	volunteer@hpca.ca		
Block Connector/	connections@hpca.ca		
Human Library			
Activity Kits Booking and Info	activitykits@hpca.ca		
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W 146 W	jennifer.dimarzo@calgary.ca		
Ward 4 Councillor	Sean Chu, 403-268-3727		
D. II	sean.chu@calgary.ca		
Police Service	Cst. Raeann Watson, District 3		
	pol5218@calgarypolice.ca, 403-860-8027		
Bylaw Infractions	Call 311 or complete form online at:		
	www.calgary.ca/311online		

### **Highland Park Hall Rental Rates**

Phone: 403-276-6969 www.hpca.ca/hall-rental

We welcome rental enquiries for our facilities. We offer a choice in hall size, a kitchen with an updated stainless steel appliances, a portable bar, a projector, sound system, and loads of tables and chairs.

#### **Rental Rates:**

#### Main Hall – 186 person capacity

\$550/day (8:00 am to 10:00 pm) or \$55/hour; \$500 damage deposit.

#### North Hall - 60 person capacity

\$400/day (8:00 am to 10:00 pm) or \$44/hour; \$400 damage deposit.

There is a once per year 25% discount for HPCA area residents with a current membership.

All rentals are subject to GST.

Our facilities can only be rented until 10:00 pm.

### The Good Food Box

The Good Food Box is a Community Kitchen initiative available to anyone, not just residents of Highland Park. You can pay in two ways: 1) by e-transfer to our Board Member, Anne Naumann, at AnneNaumann@shaw.ca before 4:00 pm on the Monday order date, or 2) with cash or cheque at the hall on the order date, between 6:00 and 7:00 pm. The pick-up date and time for the ordered boxes is always on a Thursday, at the HPCA hall between 6:00 and 7:00 pm.

**Large Box:** 45 to 50 lbs = \$40

**Medium Box:** 35 to 40 lbs = \$35

**Small Box:** 25 to 30 lbs = \$30

For more information, contact our volunteer, Ellen Peterson, at GoodFoodBox@HPCA.ca.

ORDER DATE: Monday, March 11 **PICK-UP DATE:** Thursday, March 21

#### **UPCOMING EVENTS AND ACTIVITIES**

As always, for more information about the events below, please contact our Volunteer Coordinator, Anne, at Volunteer@HPCA.ca or our Hall Manager, Stephen, at HallManager@HPCA.ca or 403-276-6969. Events are listed in chronological order, with ongoing events first. There are also usually additional details on our website if you scroll down to Upcoming Events on HighlandParkCommunity. ca. Don't forget, you can sign up for our email list and follow HPCA on our social media sites there too.

#### **HPCA E-Newsletter**

Sometimes you may not get the paper newsletter in time, so why not have it delivered to your email inbox? Sign up for our email distribution list and get a PDF of our newsletter at the start of every month. Go to HighlandParkCommunity.ca and when the popup comes up at the bottom to "Join our Mailing List" just input your email. Please note, your email will not be shared with anyone outside of the Highland Park Community Association.

#### **Friday Night Fires**

Join our volunteer Dee, who hosts a campfire at the Highland Park grounds every Friday evening starting at 6:00 pm, unless the weather is terrible (too windy, rainy, or too cold, etc.). Bring your own blanket to wrap up in, and something to roast over the fire (like hot dogs or marshmallows) and your own roasting sticks, if you want. Note, if you have any firewood, you won't be using, please drop it off next to the HPCA shed.

#### **Good Food Box**

A reminder that our order dates are now on Mondays, with the next one being March 11, then April 15. Pickup is always on the Thursday ten days after the order date,

between 6:00 and 7:00 pm in our hall lobby. Prices for boxes are \$30 for a small, \$35 for a medium, and \$40 for a large box. If you are ordering for the first time, please register with our lead volunteer, Ellen, by sending an email to GoodFoodBox@HPCA.ca with your name, email, phone, and the number of adults, children, and seniors your box order will feed. You can pay for your box with cash or a cheque at our hall between 6:00 and 7:00 pm on the order date, or you can e-transfer payment (ideally before the order date) to our Board member, Anne, at AnneNaumann@shaw.ca with a note regarding what box sizes you want, and we'll submit your order. Note, HPCA does not make any money on these orders, all funds are sent to the Good Food Box provider, the Community Kitchen Program of Calgary.

#### Seniors' Luncheon

This monthly event is on the third Tuesday of the month, so the March one will be on the 19th. Remember that registration is required one week in advance by contacting our lead volunteer for this program, Roz, at SeniorsCoordinator@HPCA.ca so we know how much food needs to be purchased and prepared. The cost is still \$6 for HPCA members and \$10 for non-members. This program is proudly supported by Fresh Start Recovery Centre, whose cooks prepare the meals.

#### **HPCA AGM**

Save the date! Wednesday, June 19 will be Highland Park Community Association's Annual General Meeting. Further details will be provided closer to the date. Only paid HPCA members are eligible to vote at the meeting. If you want to learn more about how you can serve on our Board or a community committee, please email Anne at Volunteer@HPCA.ca.

## **CLEARWASH EXPRESS DETAIL & CAR WASH**



- No appointment, just drive-in
- Hand wash process with no harmful equipment
- Refined procedure for consistent results
- Season pass for unlimited winter washes for one car from January April 30th for 299.00 plus GST
- Mention this ad and get 10% off in March.

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Call: 403- 271-9274 or 403-397-9645

## **MARCH 2024 HIGHLAND PARK HALL CALENDAR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 MH 6:30 to 9:30 pm YDS Canada	2 MH 10:00 am to 2:00 pm Out of the Blue Chorus MH 3:00 to 8:30 pm Sovyn MHB 6:00 to 7:30 pm GraceNotes Music
3 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church NH 1:00 to 7:00 pm Klaasen	4 MH 6:30 to 9:00 pm Bunbukan Karate	5 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	6 MH 5:30 to 10:00 pm Big Bucks Cornhole	7 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	8 MH 6:30 to 9:30 pm YDS Canada	9 MH 8:00 am to 8:00 pm Kuczaj MHB 6:00 to 7:30 pm GraceNotes Music
10 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH 1:00 to 6:00 pm Salcedo	11 6:00 to 7:00 pm Good Food Box Order and HP Chats MH 6:30 to 9:00 pm Bunbukan Karate	12 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 10:00 pm Forge Martial Arts	13 MH 5:30 to 10:00 pm Big Bucks Cornhole	14 MH 9:00 am to 1:00 pm Child Development Dayhomes NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	15 MH 6:30 to 9:30 pm YDS Canada	16 NH Noon to 4:00 pm Bersamina MH 5:00 to 10:00 pm Bieche MHB 7:00 to 10:00 pm Alliance of Algerians
17 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH 1:00 to 6:00 pm Leung NH 3:00 to 5:00 pm Forge Martial Arts	18 MH 6:30 to 9:00 pm Bunbukan Karate	19 NH 11:30 am to 1:00 pm HPCA Seniors' Luncheon NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	20 MH 5:30 to 10:00 pm Big Bucks Cornhole	21 Lobby 6:00 to 7:00 pm Good Food Box Pick-up MH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	22 MH 6:30 to 9:30 pm YDS Canada	NH 10:00 am to 5:30 pm Prairie BBQ Ltd NH, MH 6:30 to 10:00 pm Alliance of Algerians MHB 6:00 to 7:30 pm GraceNotes Music
All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH 4:00 to 9:00 pm Louie	25 MH 6:30 to 9:00 pm Bunbukan Karate	26 NH 9:00 am to 4:00 pm Mountain Medic NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 10:00 pm Forge Martial Arts	Lobby 1:30 to 3:00 pm Northminster United Church Bread Hamper MH 1:00 to 3:00 pm City of Calgary MH 5:30 to 10:00 pm Big Bucks Cornhole	28 NH 6:00 to 7:00 pm Jazzercise MH 7:00 to 9:00 pm Forge Martial Arts	29 MH 6:30 to 9:30 pm YDS Canada	30 NH 11:00 am to 4:00 pm Baergen MH 5:00 to 10:00 pm Moghaddami
31 All Halls 8:00 am to Noon, MHB until 2:00 pm Peace Church MH, NH 3:00 to 10:00 pm Joshi						
	For the latest hall calendar, please visit hpca.ca/hall-calendar.					

#### HIGHLAND PARK PLANNING AND DEVELOPMENT REPORT

by D. Jeanne Kimber

The City is ramping up its Engagement activities to solicit public feedback on two significant initiatives that are both currently underway. One of them is the City Building Program. The program has three components:

- Integrating the Municipal Development Plan (MDP) and the Calgary Transportation Plan,
- Developing a new Zoning Bylaw to replace the current Land Use Bylaw, and
- Creating a new Street Manual to provide updated direction on how Calgary's streets are designed.

To find out more and how you can become involved go to www.calgary.ca/planning/city-building-program. html. Preliminary information for the new Zoning Bylaw can be found by going to www.engage.calgary.ca/citybuilding/CBPphase2ZoningDetails.

The second major Planning initiative underway relates back to a recommendation of the Calgary Housing Strategy to encourage higher housing density in the existing communities by enabling the construction of additional dwelling units on a parcel. This could mean that R-C2 properties would become zoned R-CG or even H-GO if they are situated along major roadways. Council is scheduled to decide this matter at a public hearing on April 22. For more information and/or to provide your input go to www.calgary.ca/planning/projects/rezoning-for-housing.html.

Here is a brief rundown of all the recent planning and development applications in Highland Park starting with land use change applications:

- LOC2023-0330 3503 Centre A St NE for R-CG land use. The public hearing at Council will be held on March 5.
- LOC2023-0352 212 32 Ave NE for R-CG land use is scheduled for a hearing at the Calgary Planning Commission on February 22.
- LOC2024-0006 3520 Centre St NE is for a land use change from M-C1 to M-U2. The applicant states that their intention would be to build a six-storey multi-residential building with ground floor commercial potential. Since this is only a 50 ft parcel, we are questioning both the feasibility and the appropriateness of such a development, even though it is on a designated "Main Street" route.
- LOC2023-0201 4216 2 St NW for a change to R-CG to allow for four units with suites was approved by Council on January 16.

- LOC2023-0256 458 33 Ave NW for a land use change to H-GO was approved by Council on February 6. A DP application has not yet been filed.
- LOC2023-0259 3820 and 3824 Centre A St NE. The application is to change the land use to M-C1. This land use allows a max density of 148 units per hectare and a max building height of 14m. Our initial response is that M-CG would be a more appropriate land use. The application is still under review by the city.
- LOC2023-0290 3308 2 St NE. The application for R-CG is under review.

Recent Development Permit (DP) applications include:

- DP2023-01343 covering #204 #212 40 Ave NW. Revised plans for three parcels to build three rowhouse buildings with sixteen units and sixteen suites. Still under review.
- DP2023-08976 3404 3 St NW. The application is for two buildings containing five units and four suites in a stacked townhouse style. The DP is under review.
- DP2023-07222 417 36 Ave NW for a semi-detached with suites. The application is now Inactive.
- DP2023-07472 116 43 Ave NE for two semi-detached with suites. The amended plans are under review.
- DP2024-00614 3704 Centre St NE for a small Place of Worship (Chinese temple).

You will have noticed that construction has started on Phase 1 of a new Wing Kei Society continuing care facility at Centre St and 41 Ave NE.

To learn more about any of the land use or development permit applications going on in Highland Park, please visit the City's Development Map at developmentmap.calgary.ca/.

Email development@hpca.ca.





## **Highland Park Chats**

### **Hosted by Amrit, Community Connector**

Let's chat about our community!

- · what's happening in Highland Park?
- How can you get to know your neighbours?
- what ideas do you have to bring people together?
- need information on local resources?
- how can we help?

I'll have the coffee on, I'm looking forward to chatting with you!

Date: March 11, 2024 Time: 6 pm - 7 pm

**Location: Highland Park Community Association - Lobby** 

Calgary

1883

For more information contact Amrit at amrit.gosal@calgary.ca

Community Connectors help people connect in their community!

## Highland Park Community Association MEMBERSHIP FORM

Fees: Families - \$20 • Individuals aged 18 to 64 - \$10 • Individual seniors (age 65 & over) - \$5

Associate members (non-residents) - \$10

Memberships good for one year from date of purchase

Please make cheques payable to: Highland Park Community Association

Please mail cheque and this form to: Highland Community Association, 3716 - 2 Street NW, Calgary, Alberta T2K 0Y4



Name:	
Address:	Postal Code:
Phone:	Email Address:

\*memberships also available for purchase online at hnca ca/membershi

## **BUSINESS CLASSIFIEDS**

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Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**FALCONER HANDYMAN SERVICES LTD:** Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

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**TRISKELE WELLNESS CLINIC:** A boutique wellness clinic in Highland Park specializing in massage therapy for women. With 20+ years' experience, we provide excellent customer service and care offering therapeutic, relaxation, hot stone massage, Reiki and more. Call us for a complimentary phone consultation and mention this ad for \$10 off your first session. https://triskelewellness.com/.



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### Register today for September 2024

Open House
May 15, 5:00 to 7:00 pm
3716 2 St NW
Stop by to see the classroom and meet
the teachers!
Visit our website to learn more.

Morning Classes Mon/Wed/Fri | 9am to 11:30am | \$105 per month Tues/Thurs | 9am to 11:30am | \$65 per month

Afternoon Classes
Mon/Wed/Fri | 12:30 to 3:00pm | \$105 per month
Tues/Thurs | 12:30 to 3:00pm | \$65 per month

preschool@hpca.ca | 403-276-6969 www.hpca.ca/preschool



## **Highlight on Community Resource Supports**

by Anne Naumann

With this new column that will appear periodically, we will be highlighting various resources Highland Park community members, and others, can access if they need assistance. If you have a suggestion for a resource to be profiled, please let me know at Volunteer@HPCA.ca.

#### **Food Support**

Centre for the City - The Centre St Church offers a free hot meal every Monday and Wednesday evening at the Well Café between 5:30 and 7:30 pm (use the northwest doors to enter). The church can also provide access to gently used clothing.

#### **Services Support**

Phone 2-1-1 or Text INFO to 2-1-1–This 24-hour support line is staffed by professionally trained specialists who can help determine what services can best suit your needs and refer you. The staff can help with information on government programs, getting legal support, where to find mental health support, help with food/shelter/transportation, etc.

#### **Suicide Crisis Support**

Phone or text to 9-8-8 – This mental health crisis help line is staffed around the clock with trained professionals who can support and help you with compassion and empathy. For more information on what to expect when you call, see https://988.ca/get-help/what-to-expect.

#### **Families Support**

Closer to Home – This organization provides a variety of services for families in north central Calgary, including game nights, recreation, learning opportunities, skill development, crisis support, etc.

#### **Seniors Support**

"The Way In" by Carya Calgary - This program is a collaboration of Calgary-based agencies to assist with access to services and supports for vulnerable older adults and their families. Examples of some of the supports they can provide are information and referrals, assistance with forms for pensions and benefits, Elder Abuse intervention, etc. To reach an Outreach Worker, call 403-SENIORS (403-736-4677).









Join the Highland Park Block Connector Program to:

- Connect with your neighbours
- Learn about local resources and opportunities
- Create some fun on your block!

Contact Jennifer DiMarzo with the City of Calgary at jdimarzo@calgary.ca for more information.



## **Epilepsy Awareness Month**

Shine a Light on Epilepsy

This March, let's unite in support of the 30,000 individuals living with epilepsy in Southern Alberta. Together, we can make a meaningful impact. Wear purple, light up spaces, and be part of the movement!





**Light up the Night in Violet Vibes!** Light up your homes,
offices, and public spaces in
purple to show your solidarity.

**Dress in Grape Glory!** Show your support by wearing purple clothing or accessories on March 26th.

**Spark a Purple Revolution!** Be a part of the change! Donate or start a fundraiser.



Share your purple moments using #postyourpurple

