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North Haven

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NORTH HAVEN COMMUNITY ASSOCIATION

5003 North Haven Drive NW
Rentals 403-284-2716 • Hall 403-282-1075 • hello@northhavenyyc.ca

Board of Directors

Directors

President	Jody Breen	403-284-9775	president@northhavenyyc.ca
Vice President	Alex MacKinnon	403-807-7700	vp@northhavenyyc.ca
Secretary	Lucas Van Boeschoten	403-220-0288	secretary@northhavenyyc.ca
Treasurer	Tyme Wittebrood		treasurer@northhavenyyc.ca
Building and Maintenance	James Hill		facilities@northhavenyyc.ca
Hall Manager	Marie Heffernan	403-282-1075	
Civic Affairs	Terry Arnett	403-547-0237	civic.affairs@northhavenyyc.ca
Communication Technology	Mark Gervais	403-651-4063	communications@northhavenyyc.ca
Community Engagement	Anne Umpleby	403-477-3049	community@northhavenyyc.ca
Entertainment	Theresa Constantin		entertainment@northhavenyyc.ca
Memberships	Tyson Hickey	403-703-1302	memberships@northhavenyyc.ca
Newsletter	Maria Fernando		newsletter@northhavenyyc.ca
Hall Rentals	Sandra Whitty	403-284-2716	rentals@northhavenyyc.ca
Casino and Fundraising	Vacant		fundraising@northhavenyyc.ca
Director at Large	Meghan Owen		meghan@northhavenyyc.ca
Director at Large	Rodney Blanco		rodney@northhavenyyc.ca

**Monthly board meetings are held every second Thursday at 7:00 pm.
NHCA board meetings are open to the public.**

Volunteer Needed

Are you interested in helping out in your community and getting to know your neighbours? The North Haven Community Association is looking to recruit a new Director of Casino and Fundraising to join the North Haven Board of Directors. If you are interested in the position or would like more information, please email Jody at president@northhavenyyc.ca.



**MEMBERSHIPS NOW
AVAILABLE ONLINE!**

NorthHavenYYC.ca/membership/

It's been great seeing everyone outside in the wonderful spring weather lately. We're excited to have more fun events coming soon in the community!

Parade of Garage Sales

May 13, 9:00 am to 1:00 pm

Join the Parade of Garage and Yard Sales in the community on Saturday, May 13! If you're having a sale, register your address on the website starting May 1: www.northhavenyyc.ca. Registration is \$5 for NHCA members, \$7 for non-members, and we will put your location on a map of garage sales and put up signage around the community.

Want to shop instead? Cruise the neighbourhood on the 13 and check out all the garage sales, all in one day!

Spring Bike Haven

May 27, 10:00 am to 12:00 pm

We've heard how much you love Bike Haven, so we're adding a spring version! We'll have the chalk course for little riders and striders, and ramps and obstacles for the more adventurous crowd. Register ahead online. It's free for NHCA members, \$2/rider for non-members.

Seniors and Teens Board Game Afternoon

May 28, 2:00 to 4:00 pm

Calling all North Haven seniors and teens! You are invited to join us for a Seniors and Teens Board Games Afternoon. Come play a variety of board and card games, enjoy some delicious snacks, and engage in great conversation. Teens must be in grades 7 to 12; seniors of all ages are welcome.

Join us in the main hall at the community centre, no registration required. For more information, please contact Jody at 403-815-0063 or president@northhavenyyc.ca.

Farm Stand

Wednesdays, 3:30 to 6:00 pm (Beginning May 31)

We are excited to welcome back Lil Green Urban Farm with increased offerings this year. Find them at the hall parking lot each Wednesday from 3:30 to 6:00 pm throughout the summer.

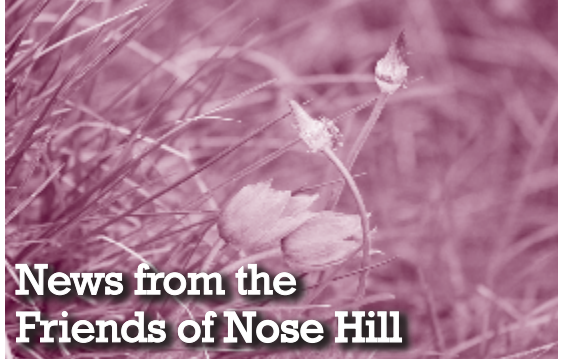
Mark Your Calendars for These Upcoming Events:

Stampede Pancake Breakfast – June 24

Food Trucks – June 28

Theresa Constantin

Entertainment Director



News from the Friends of Nose Hill

by Anne Burke

The annual May Plant Count is an event where volunteers survey their favourite natural areas to collect data on the distribution and blooming of flowering plants in Alberta. Collection of plant specimens is not allowed in any protected or restricted areas, such as Nose Hill Park. The survey, which takes place between May 25 and 31, encourages stewardship and is based on appreciation of nature.

Expertise in identification is valuable, but not mandatory. It is open to anyone with an interest in plants and flowering. As a citizen scientist, your photos submitted during the count period will contribute to the databases. To join the project, go to <https://inaturalist.ca/projects/alberta-may-plant-count>. In order to submit observations, you will need to log in and create an account (which is free).

The May Plant Count is part of the May Species Count. It began in 1976 to track bird species across Alberta and, in 2011, over 300,000 birds were counted. In 2022, over 400 people participated in the bird count. To learn more about how to download your results onto the eBird app and to contact your local organizer, go to <https://naturealberta.ca/may-species-count/>.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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NORTH HAVEN COMMUNITY ASSOCIATION'S HALL IS AVAILABLE FOR RENT!



MAIN HALL Seating Capacity: 100	
Friday to Sunday and Holidays - Full Day 9:00 am to 2:00 am	\$400/day + GST Includes full kitchen access
Friday to Sunday and Holidays - Hourly Rate 9:00 am to 2:00 am (min 3 hours)	\$50/hour + GST Includes basic kitchen access
Monday to Thursday - Hourly Rate 9:00 am to 11:00 pm (min 2 hours)	\$40/hour + GST Includes basic kitchen access
MEETING ROOM Seating Capacity: 30	
Monday to Friday - Full Day 8:00 am to 5:00 pm	\$200/day + GST Includes basic kitchen access
Saturday to Sunday - Full Day 8:00 am to 2:00 am	\$400/day + GST Includes basic kitchen access
Monday to Friday - Hourly Rate 8:00 am to 11:00 pm (min 2 hours)	\$30/hour + GST Includes basic kitchen access
Saturday to Sunday - Hourly Rate 8:00 am to 11:00 pm (min 2 hours)	\$50/hour + GST Includes basic kitchen access

Notes:

- All rentals require a \$300 damage deposit
- Discount available for North Haven resident members
- Rates do not include GST

Email rentals@northhavenyyc.ca to view or book!

Entertainment Committee Members Needed

Do you enjoy NHCA events? Want to get involved? We'd love to have you! Email Theresa if you are interested at entertainment@northhavenyyc.ca.

We've partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1, 2, 3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/nhca>.
2. Place your bags outside.
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

SCAN HERE TO VIEW ADDITIONAL NORTH HAVEN CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Got Bottles?



Download the app and donate to us today!
SKIP THE DEPOT

Tilla the Potentilla – A Much Loved Learning Grounds Shrub

The students at North Haven School were fortunate to be provided with an opportunity in the fall to plant small shrubs in the Learning Grounds. Students in our Paced Learning Program (PLP), for students with mild to moderate learning and adaptive behaviour needs, eagerly looked at our shrub (a potentilla) and explored the water and light needs of this plant. Students took a class vote and decided to name our shrub “Tilla.”

Tilla was planted and lovingly tended to by our students until the snow arrived. Three times a week the students would carry water in 4L milk jugs from our classroom out to Tilla and other plants in the Learning Grounds. Students learned the art of cooperation and team work as there were not enough jugs for each student to carry. Some found the task of carrying the jug exhausting, so they would negotiate with a peer to assist with the carrying process. Students formed a connection with Tilla and that connection spread to other shrubs and soon to the larger trees that had been planted. They are eager to watch for the first signs of leaves on Tilla and Tilla’s companions in the Learning Grounds.

It is the hope of these students that others in the community will love Tilla and the Learning Grounds as much as they do. Remember to take the time to view the world through the eyes of a child. The fascination of a new discovery awaits all in the North Haven Learning Grounds!

Tanya Stewart

PLP Teacher

North Haven School

Joke of the Month

What do you call a little bear with no teeth?

A gummy bear.

Events Calendar

Parade of Garage Sales

Saturday, May 13

Spring Bike Haven

May 27, 10:00 am to 12:00 pm

Seniors and Teens Board Game Afternoon

May 28, 2:00 to 4:00 pm

Farm Stand

Wednesdays, 3:30 to 6:00 pm (Beginning May 31)

Stampede Pancake Breakfast

June 24

Food Trucks

June 28

Community Garden Update

Great news! Our NHCA Community Garden is opening this spring, and there are plots available for anyone interested in cultivating or growing plants. Head to our website for information on how to register.

We have two upcoming events in May:

Fence Building

Saturday, May 13

Help with installing a chicken-wire fence around the community garden. There will likely be many odd jobs to get the plots ready for Garden Opening Day.

Garden Opening Day

Saturday, May 27

Let’s get growing! This will be the official opening day of our plots and will provide ample opportunity to help people get their plots started, access and organize tools, and contribute to maintaining shared spaces.

Join us for these events and register for a plot to meet likeminded individuals to grow fresh, healthy produce for yourself and your community. Don’t miss out on this opportunity to be a part of something special here in North Haven.





NHCA

Annual Membership Form

Date _____

Last Name

First Name(s)

Address

Postal Code

Email Address (Please print clearly)

Phone Number

I consent to receive emails from the NHCA regarding membership renewal and community events.

Please select a membership type:

- \$ 15.00 North Haven Resident Household - 1 Year
- \$ 15.00 Non-North Haven Resident Household - 1 Year
- \$ 5.00 Senior Household - 1 Year

_____ **Donation**

Select payment type:

- Cash
- Cheque

Please mail or drop off the completed form and payment at:

North Haven Community Hall - 5003 North Haven Dr. NW, Calgary AB, T2K 2K3

Go to northhavenyc.ca/membership to fill out a form online!

Purchasing a membership supports local initiatives such as:

- Ongoing growth of community events
- Neighbourhood improvement initiatives such as spring clean-up, playground and pathway upgrading and traffic safety
- Maintaining the Ice rink and community facilities
- The community website online communication and monthly newsletter

Benefits of your North Haven Community membership include:

- Discounted fees for community programs and events
- Discounted community hall rental fees (North Haven residents only)
- The option to be included in the North Haven Business Directory
- The ability to register for local groups such as McKnight Soccer
- Voting privileges at the Annual General Meeting (North Haven residents only)
- Giving input on community planning and development processes

Do you run a business and live in North Haven?
Join our Business Directory at
northhavenyc.ca/businessdirectory

Mural Update

North Haven's pedestrian underpass to Nose Hill Park will have a mural installed this summer! In March, a selection panel of North Haven residents, Indigenous advisors, and other experts met to choose an artist for the mural. We're very excited to announce that Stephanie One Spot, a senior student at Alberta University of the Arts will be creating the artwork and leading the installation this summer.

Stephanie One Spot is an accomplished artist and curator. She has been involved in numerous shows in the Calgary area, including *From the Land: Indigenous Ecological Art for a New Era* at the ATB Gallery, *Our Stories, Our Voices, Our Ways* at Fort Calgary, and *Forward Together* at The Bows. Stephanie grew up on Tsuut'ina reserve, close to the buffalo paddock, where she could always walk out and experience the land. She is inspired by her natural surroundings, gardening with her mother, and the traditional stories told to her by her father.

Her painting practice explores time, memory, and space. Her works are primarily mixed media, working with projection, photographs, spray paint, acrylics, and natural materials such as hide, willow, sand, dirt, trees, and bark. Her concept for the mural is based around traditional stories and the animals who roamed the Nose Hill area for many millennia.

This project is a partnership between the North Haven Community Association, the City of Calgary, and Alberta University for the Arts' Lodgepole Centre. Originally scheduled for the summer of 2022, the project was moved to 2023 after various delays ate up the short window of hot weather needed for outdoor painting. The installation will take place this summer, with the start date determined by the weather.

Stephanie will be presenting her sketches for the mural and holding an informal artist's talk sometime in May. Watch for an announcement of the date and time; we hope to see you there!

For more information, email murals@northhavenyyc.ca.

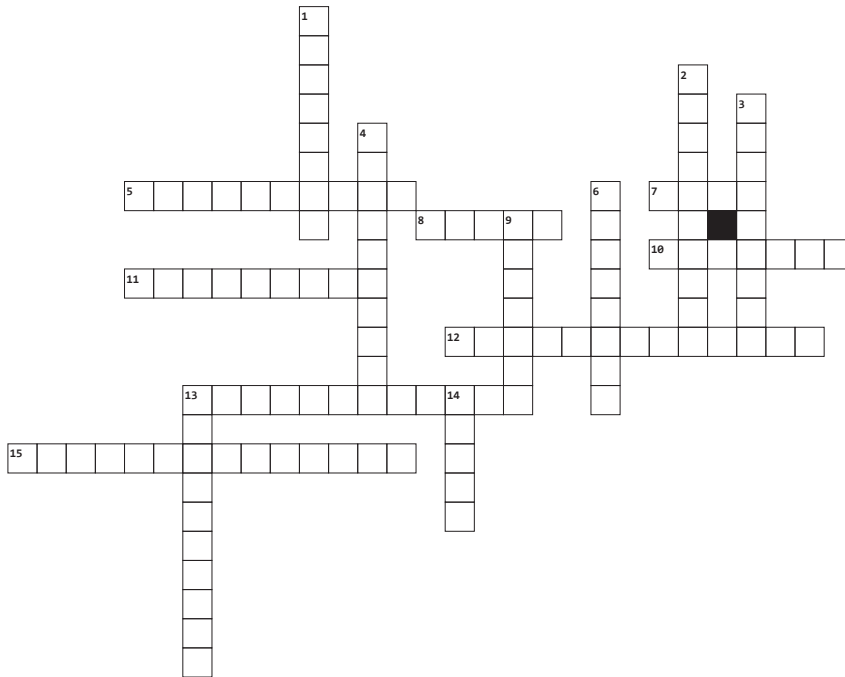


North Haven Community Association Annual General Meeting

Our North Haven Community Association AGM is scheduled for June 8, 2023, at 7:30 pm. Our NHCA board has been working hard to maintain the hall, bring programming to the community, fundraise for events, and much more.

There may be opportunities for you to get involved in the board for the 2023/2024 year. If you're interested, email us at hello@northhavenyyc.ca, or come to our next couple of board meetings to get a better understanding of what we do, and what roles may be available this year.

May Crossword Puzzle



Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World _____ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved _____'s theory of general relativity.
9. Canada's first _____ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of _____ was taken.

**SCAN THE QR CODE FOR
THE ANSWER KEY**



Cover to Cocktails

Welcome to Cover to Cocktails! This month's book is *Daisy Darker* by Alice Feeney. This dark murder mystery takes place on a secluded island where members of the Darker family are slowly being murdered. Who is killing them and why? You won't believe the ending! If you enjoy murder mysteries with twists and turns that keep you guessing, then this is the book for you! And for supplemental reading, try Agatha Christie's classic *And Then There Were None*. The premise of both books is the same, but with different twists.

Our themed cocktail is Sea Glass

Ingredients:

- 1 oz blue curacao
- 1 oz gin
- ½ oz freshly squeezed lemon juice
- 1 egg white or the equivalent using meringue powder
- Salt
- Sprite or 7UP
- Lemon wedge

Instructions:

- Combine the first four ingredients in a shaker with ice and shake for about twenty seconds. Strain into a rocks glass.
- Remove ice from the shaker, add the mixed drink back to the shaker, and dry shake for another thirty seconds.
- Salt the rim of the glass using your lemon wedge to wet the rim. Pour the cocktail into the glass.
- Top with Sprite or 7UP. Garnish with a lemon wedge and enjoy!

I hope you enjoy the book and the cocktail!

Until next time, have a drink, read a book, and be happy!

Big News for the North Haven Learning Grounds!

Spring is here and the Learning Grounds are waking up after winter. The project team has been busy closing out Phase 1 of the naturalization project at North Haven Elementary School and is planning for Phase 2. We are very excited to announce that Phase 2 is going to be amazing! The North Haven Learning Grounds was recently awarded \$125,000 through the Alberta Community Facility Enhancement Program (CFEP) fund. This is huge news for the project and means that we will indeed be able to plant more trees, extend pathways, and continue to develop this wonderful space in the heart of our community.

The CFEP award is special because it is a matching grant. This means we had to have \$125,000 raised towards the project in order to win an additional \$125,000, the maximum amount awarded through the CFEP fund. Your donated bottles, school sports day toonies, and cash donations – nearly \$10,000 in individual cash donations – made a huge difference. The Learning Grounds team would like to sincerely thank everyone who contributed to this project; this is your win, too.

A special thank-you to our local business sponsors: Calgary Fine Dentistry, Dale Green Realty, LD&A, Mortgage Connection, Pelican Pier, Trace Associates, Pembina Pipelines, and Whitecap Resources.

Detailed design work for The Learning Grounds Phase 2 is now underway, with construction expected to begin this summer.

North Haven Learning Grounds Team

GAMES & PUZZLES

Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.

4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.

SCAN THE QR CODE
FOR THE ANSWERS!



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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How to BEE a Community Scientist

Help us document the different pollinators in Calgary!

- 1 Go to **inaturalist.ca** or download the app. 
- 2 Look around your favourite park or backyard for any **insects visiting a flower**. 
- 3 Take a least **2 clear photos of an insect**, preferably from multiple angles. 
- 4 Take at least **1-2 photos of the plant** where you can see (1) the flower, and (2) the leaves or whole plant. 
- 5 Upload your photos to iNaturalist. **Tip:** Create a separate observation for the insect and plant. 
- 6 Add your insect observations to the Calgary Pollinators Project. **Tip:** Link your insect and plant observations together. 



JEREMY NIXON

CALGARY-KLEIN

HUSBAND. FATHER. COMMUNITY BUILDER.

From when I first started door knocking four years ago in Calgary-Klein, I have seen a real change for the better in our communities.

I've heard from people like Donna. Four years ago, her son had lost hope and was out of work. Donna was anxious about her son's future, worrying he would have to leave Alberta to find work. Fast forward to today, Donna's son has found a job in his trained field and is living happily. This is one of the many success stories I've heard on the doorstep as a result of a thriving economy.

Since 2021, under the UCP, Alberta has seen 212,000 new jobs, balanced two budgets, and lowered both personal and business taxes. Because of this, we have tens of thousands of Canadians moving to our province for the great opportunities that now exist here.

Throughout the inflation crisis, we have brought forward many ways to relieve the burden on Alberta families such as the Affordability Relief Payments for seniors, families, and Albertans in need. We've also halted the fuel tax, introduced rebates for electricity and natural gas, and increased supports for vulnerable Albertans. Our work here is not done yet. Let's keep building off this momentum together!

JEREMYNIXON.CA INFO@JEREMYNIXON.CA (587) 885-1595

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