Your WEST HILLHURS

WARBLER-

THE OFFICIAL WEST HILLHURST COMMUNITY NEWSLETTER



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Community News

by Peter Studen

Retro 1940s Movie Night at the Plaza Theatre

Thursday, September 14

Dairy Laneway Street Festival

19 Street NW (between 1 and 3 Avenue) Saturday, September 16

WHCA 75th Anniversary Concert and Party

West-Hillhurst Community Center Saturday Evening, September 16

If you're interested in volunteering, please contact Peter Stunden, WHCA Director, at peter.stunden@ shaw.ca. Let's make this anniversary one to remember for years to come!



Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on the Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.

Go to http://developmentmap.calgary.ca to find details and timelines on specific development projects.

Email the WHPC directly at planning@westhillhurst.com.

WHCA Board of Directors

Willow Dould (JI DII COLOI 3
President	Cher Jacobs president@westhillhurst.com
Vice President	Jan Cerny vice-president@westhillhurst.com
Past President	Patrick Craddock pastpres@westhillhurst.com
Treasurer	Christine Brown treasurer@westhillhurst.com
Secretary	Marc Coyte secretary@westhillhurst.com
Directors	
David Best	Dylan Richards
James Heater	Peter Studen
Marc Coyte	Lawrence Braul
Julie Impey	Leigha Pidde
Committee Contacts	
Planning	planning@westhillhurst.com
Transportation	transportation@westhillhurst.com
Nowclottor	admin@wosthillhurst.com

Planning	planning@westhillhurst.com
Transportation	transportation@westhillhurst.com
Newsletter	admin@westhillhurst.com
Community Engagement	volunteers@westhillhurst.com
Capital Projects	capitalprojects@westhillhurst.com
Community Garden	admin@westhillhurst.com
Community Events	events@westhillhurst.com
Green Committee	areencommittee@westhillhurst.com

Facility Bookings/Rentals

WHCA arena, gymnasium and studio spaces for rent! Now taking bookings. Please check our online calendar for available ice times:

www.westhillhurst.com/facility-rentals.

Questions? bookings@westhillhurst.com.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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GENERAL MANAGER'S MESSAGE



by Bryan Polak Hello West Hillhurst Community!

June is an exciting time - Father's Day, the WHCA garden

plots should be in full bloom, the tennis courts will be worked on, and we are closer to the ice coming out and the plant compressors being replaced. Soccer and t-ball programs will have started also.

We will be working on a memorial garden for one of our long-time board members and community members, David Quaintance. This will include a Zen Garden, bench, and plaque. Please contact us if you would like to help out at admin@westhillhurst.com.

WHCA Casino

We could use some more volunteers for our Casino, to be held at Cowboys on Monday, June 26 and Tuesday, June 27. We are short on people for both of these dates so please sign up to help out at https://www.signupgenius.com/go/10c0e49aaa829a3fdc07-whca4.

Event Volunteer Opportunities

WHCA will be celebrating our 75th anniversary this year and are working on celebration details. Contact Peter Stunden, WHCA Director, at peter.stunden@shaw.ca for more information.

WHCA Lounge

We are continuing to work on the re-opening of the community lounge. We are aiming for a September re-launch.

WHCA would like to thank all those community members who have purchased the yearly community membership and are enjoying the benefits offered by companies in our community, as well as the program classes and community events. Please talk to your friends and neighbours about getting their membership and helping to support the community and building.

As always, if you have any questions, concerns, comments, or suggestions, please email them to me.

Thank you,

Bryan Polak

General Manager

generalmanager@westhillhurst.com

Facebook @WHCAab | Instagram @westhillhurstca

Learn To Skate

WHSC | Spring 2023 Skate Registration



Spring 2023 Skating registration is now open at the West Hillhurst Skating Club. We have a Pre-CanSkate, a CanSkate, and Adult and Teen Learn to Skate programs, as well as our extensive STARSkate programming. Registration is now open! Complete program details (date/time/location) and equipment requirements are in the registration details.

Register here: https://www.westhillhurst.com/learntoskate/.

Please note, our skating programs only operate on Mondays, Wednesdays, Fridays, and Saturdays at the WHCA Arena in the spring.

Important Registration Tips

Prior to registering for any programs, please check you have both a valid annual WHCA and Skate Canada membership. If you don't have one or both memberships, or if either has expired, you will need to purchase or renew them before you register for any of the programs. This will prevent errors in your registration process.

If you forgot your WHCA account password, please do not create a new account. Call Carla at 403-283-0464, ext. 6. to reset your password.

If you have questions about the WHCA Skate Club program, contact skate@westhillhurst.com.



WHCA Squash and Fitness West Hill House Squash and Fitness Centre Information

Tennis/Lessons at West Hillhurst

West Hillhurst is extremely excited to announce the confirmed renovations of our three tennis courts. This spring, TOMKO will be coming in and fully tearing up and replacing our tennis courts with brand-new surfaces! The time of construction will be weather dependent.

With this update, spring tennis lessons will not be happening for 2023. We look forward to running evening adult and weekday youth lessons for July and August.

Information on summer lessons and tennis membership fees, etc. will come out this spring through email and social media.

For any further information, please contact Chris at whfitness@westhillhurst.com or 403-283-0464, ext. 1.

New Private/Semiprivate Training

Please reach out to trainers directly for pricing and scheduling.

Christine Shudra: beattles@telus.net | 403-815-4016 Ian Coburn: ian.t.coburn@gmail.com | 403-714-3578

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca

www.westhillhurst.com/meet-the-instructors

Ozzie Vallejos: ozzievallejos@aol.com

Membership info can be found at www.westhillhurst.com/ membership-pricing.

Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.

A few exciting updates for West Hillhurst Squash and Fitness for the months ahead!



WHCA EXTERNAL/INTERNAL PROGRAMS

The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact organizer/organization directly for information.

Youth Programming

- Pedalheads Summer Camps www.pedalheads.com/alberta
- Summit Kids Before and After School Care and Summer Camps

Monday to Friday. www.summitkids.ca

- WHCA Preschool 2023-2024 www.westhillhurstpreschool.com
- Jugando: Spanish Centre for Kids! www.jugando.ca
- Engineering for Kids

Ages 5 to 12. www.engineeringforkids.com/calgary

- Young Rembrandts: Drawing Classes for Kids Ages 4 to 12 years. www.youngrembrandts.com
- Triple Meg Soccer
 Summer registration open. www.triplemeg.com
- Sportball

Winter registration open. www.sportball.ca/calgary

Kinder Studios

Dance for ages 3 months to 12 years. www.kinderstudios.ca

- Baby/Toddler Music www.mosspostpartum.com
- Parent/Baby Yoga www.mosspostpartum.com
- Irish Dance www.bradyacademy.ca
- Karate jkaiwayama www.jkaiwayama.ca
- Hybrid Hockey
 Hockey development programming.
 www.hybridhockey.net
- Calgary Roller Derby Jr. www.calgaryrollerderby.com. juniors@calgaryrollerderby.com
- Breakaway Hockey & Ringette Development www.breakawaypowerskating.com

Adult Sports and Fitness Programming

Yogamaya

Yin, gentle and flow yoga classes. www.yogamaya.ca

• WHCA Women's Squash

www.westhillhurst.com/adult-programs

NCHL (Adult Non-Contact Hockey League) Monday to Sunday. www.nchl.com

Jazzercise with Judy

Monday to Wednesday from 6:00 to 7:00 pm. iazzed@telus.net

Pre and Post Natal Fitness Programming

Tuesdays, www.mossportpartum.com

Parent/Baby Yoga

Wednesdays. www.mosspostpartum.com

Lisa Scott Bootcamp

Indoor and outdoor bootcamp, scottli@telus.net

High Fitness

HIGH fitness has brought aerobics back in a hip and unique way. maddier.highfit@gmail.com

JKA Karate (Jkaiwayama)

Adult and youth karate. www.jkaiwayama.ca

• Fight 34 Krav Maga

We teach the Krav Maga system of realistic selfdefense. info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport & Social Club

Volleyball, pickleball, floor hockey. www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com

Chinook City Roller Derby

Adult roller derby, michael.p.willie@gmail.com

Our WHCA member programs, which are included with your WHCA annual membership are back - Tai Chi, Tai Chi pushing hands, member skate, member sticks and pucks, discounts on WHCA programs, WHCA events, and special family ice rates. Visit www.westhillhurst. com/memberprograms. Questions? Contact info@ westhillhurst.com.



Child Safe Babysitter Program

CANADA



For youth ages 10+, this course teaches future babysitters how to be safe while also building self-esteem.

Course Skills Include:

- Being a responsible babysitter.
- Becoming familiar with games for all children's ages.
- Learning safety and preventing injury.
- Handling an emergency should one happen.
- Learning about choking, bleeding, and burns.
- Preparing simple, nutritious meals.
- Feeding a baby, changing diapers, and performing other important childcare skills.
- Coping with tantrums and crying.
- Creating a resume and finding jobs the safe way.

Date: Sunday, June 11, 2023

Location: West Hillhurst Community Centre

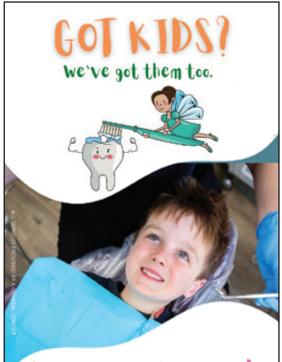
Time: 10:00 am - 5:00 pm

Cost: \$62.00

Bring: Nut-free lunch, drink, doll or teddy bear, & pencil to class.

To register, please visit www.westhillhurst.com or call 403-283-0464

Deadline for registration is Friday, June 2, 2023



FUN AT THE DENTIST!

Balloon animals, toys, and cartoons are just a few of the attractions waiting to entertain kids on their adventure to the dental office!

We aim to make every visit as enjoyable as possible to build a strong foundation for a lifetime of good oral health.



BOOK YOUR LITTLE MUNCHKINS IN TODAY!

403-289-9185

1516 - 19 STREEET NW | WWW.BRIARHILLDENTAL.CA





Did you know that cats have whiskers on the back of their front legs? These sensory organs, called "carpal vibrissae," are useful when it comes to capturing prey or holding a toy in their paws. Their carpal whiskers detect movement and the position of their toy/prey which then tells them whether they should readjust their grip or not.





Want to Homeschool?

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BlendEd, Online, Kindergarten
and Home Education programs
for grades K-9. Amazing
classes, events and field trips.

403-265-7701 www.phoenixfoundation.ca

WHCA EVENTS

We Need You! We Are Better Working Together!

We are looking for people who are interested in helping with events at West Hillhurst Community Association. If you have any ideas or are interested in helping, please contact events@westhillhurst.com.



CASINO VOLUNTEERS NEEDED



JUNE 26 & 27, 2023 COWBOYS CASINO

Casino fundraising money helps provide one of the largest sources of revenue to help maintain WHCA operations, community events, programming, and facility updates

More information / registration link to volunteer

www.westhillhurst.com/casino

West Hillhurst Preschool News



by Lisa Kelly

What a marvelous month May was! From soccer on the field to

ducks in the classroom, the month flew by! The secret garden has continued to be a hive of activity. From culinary masterpieces, designing daring obstacle courses, playing with water, and enjoying the many imaginative games they dream up! How lucky we are to have such a great place to play with our friends.

This month, we are all looking forward to our field trip to Made by Marcus. What a fun way to end the school year: ice cream with friends in the sunshine. We look forward to learning how the ice cream is made. Marcus will be joining us on the trip to talk about all things ice cream with the children.

It is that time of year again when we have to say goodbye and good luck to some of our pupils as they start the next part of their education journey. We would all like to wish them all the best in kindergarten, and we are looking forward to being able to celebrate together at our end of year graduation party this month.

Allow us to take this opportunity to share our deepest thanks to the team of teachers, parents, volunteers, and WHCA staff who help make the West Hillhurst Community Preschool an incredible place for our children. Have a lovely summer and we look forward to welcoming back lots of our families, as well as all our new families that will be joining us in September.



Live Life to the Fullest

A Day in the Life at Cambridge Manor









Daily dining in the company of new friends

Treat yourself at the Bistro

Enjoy an active social life

Pamper yourself at the salon

Availability for certain floor plans is becoming limited. Don't miss out! Call now for the best selection of private suites.





403-536-8675 cambridge@theBSF.ca www.CambridgeManor.ca





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OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

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CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JOSHUA BLAIR CLASSICAL OSTEOPATHY: Helps find and fix the cause of your aches and pains through gentle manipulation so you can improve your wellbeing and be your best self! Better Structure. Better Function. Located at 1904-B 20th Avenue NW in Capitol Hill. Book online: www.jblairosteopathy.ca or by phone: 587-225-9734.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc. cleaning@shaw.ca.



CARDINAL

BY TREVOR RAMAGE





403.850.2560



















List Price: \$799,900 MLS #A2043399

A catch of a home featuring subtle garden screening, a set for summer front porch and private yard with exposed concrete sidewalks and patio. Within walking distance of Kensington, the Bow River Pathway, and downtown.













List Price: \$849,900 MLS #A2038916

A stylishly renovated home conveniently located near shopping, parks, and top medical centres, offering generous bedrooms and a private, park-like west backyard with deck.



35 Aspen Hills Drive SW

List Price: \$424,900

Warmest congratulations to my sellers on another successful over list sale.



320 - 1616 8 Avenue NW

List Price: \$235,000

Wishing my new client, and first-time home buyer, every happiness in your new home.

Not intended to solicit buyers or sellers currently under contract with a broker.





*Based on Total Dollar Sales Volume for a Single Office