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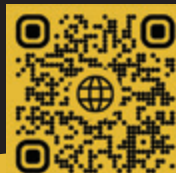
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		Listed	Sold	Listed	Sold
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December	22	0	0	\$0	\$0
November	22	0	0	\$0	\$0
October	22	0	0	\$0	\$0
September	22	1	1	\$1,449,000	\$1,332,000
August	22	1	0	\$0	\$0
July	22	0	0	\$0	\$0
June	22	0	1	\$1,499,900	\$1,425,000
May	22	0	0	\$0	\$0
April	22	1	1	\$995,000	\$1,025,000
March	22	1	0	\$0	\$0
February	22	2	1	\$1,100,000	\$1,200,000

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## Annual General Meeting Recap

On the evening of January 26, 2023, 18 of our members joined for our Annual General Meeting by Zoom. We appreciated all who took the time to attend and provide support to our association. Alan Alger kindly chaired the meeting and it was smooth sailing.

### Highlights:

The hall was seriously impacted by COVID-19 and we are now starting to get back into full service. Rentals are on the increase and we had some new community events that were very successful (Paint and Sip, Community Garage Sale, Christmas Craft Fair).

We acknowledged the retirement of Greg Davenport, our long-time general manager who provided great service and guidance to us for 19 years. We also welcomed our new general manger, Amanda Gotmy.

We presented our financial report, which because we are increasing our rentals and other events, were improved over our COVID-19 years. If anyone would like a copy of the financials, please contact Amanda Gotmy and she would be happy to send them along. Meanwhile, we said goodbye to Jean Craig who has provided an outstanding service as our treasurer over the past couple of years. We got moved onto Quickbooks, amended our year end to concur with the preschool for a more comprehensive reporting for the future, set up payroll systems – just to name a few things that will make our financial world easier to manage. Jean did an outstanding job and will be missed for sure!

We have seven returning board members and one new member. Welcome to Shirle Tiern. We can always use more on the board, so please let us know if you are interested.

Thanks to the good work of our membership director, Edith Rabinovitch, we currently have 164 members in our community. This is the highest numbers in years. Thanks to all who renewed!

We have lots of new ideas for community events, dances, social get togethers, and sporting events, so please support us and get out and join with your community for some fun times.



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# De Winton Community Association

(Founded 1918 - Alberta Association Member 1962)

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## 2023 DeWinton Board of Directors

### Name

Vacant	President
Alan Alger	Vice President / Foothills Council Representative
Mike Kosinec	Secretary
Jean Creagh	Treasurer
Chelsea McLeod	Preschool Director
Cindy Poole	Facility Director (Casino)
Edith Rabinovitch	Membership Director
Michele Waldner	Communication Director
Mia Staysko	Communication Director

Also find us on Facebook and Instagram

### About the De Winton Community Association

We were founded in 1918 and have been an Alberta Association Member since 1962.

Are you new to De Winton? On behalf of our amazing community, please allow us to welcome you and your family. We have a welcoming gift for you, along with some information about our local happenings, activities, and fabulous preschool. Please contact us directly at the Hall by phone or email. Also visit our website and sign up for our newsletter. Once again, welcome!



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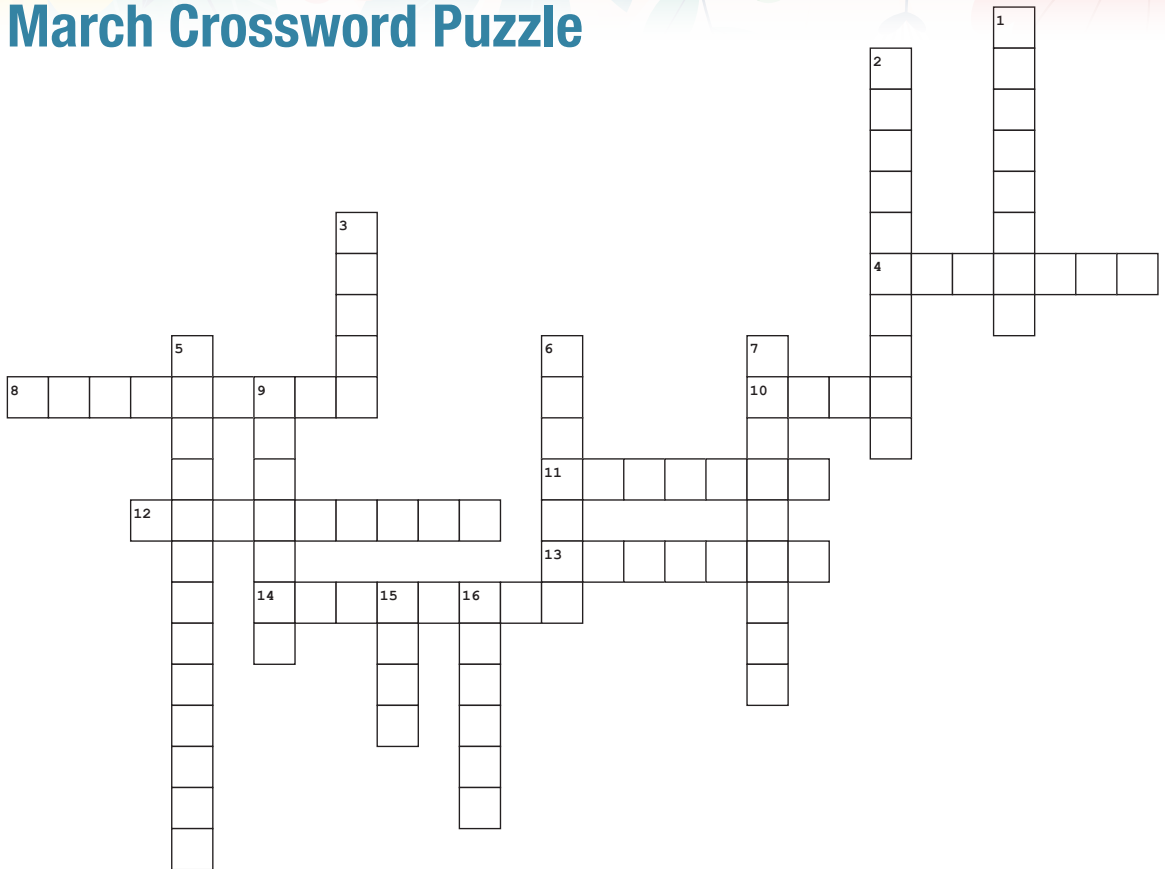
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# March Crossword Puzzle



## Down

1. March's birth flower
2. This best-selling French-Canadian singer was born on March 30, 1968
3. You get pinched if you don't wear this
5. Both a dessert and a celebration of mathematics that takes place on March 14
6. The saint most popularly associated with March 17
7. Popular chocolate and what you might find at the end of a rainbow
9. This children's author and cartoonist was born on March 2, 1904
15. Roman god of war who shares a name with this month
16. On March 25, 1990, Canada took home gold at the Women's World Hockey Championship in this city

## Across

4. This day signals the start of spring in the northern hemisphere
8. Born on March 27, this Calgary-born singer and songwriter is famous for her hit single "Insensitive"
10. On March 6, we celebrate this cookie's 111th birthday
11. According to ancient Greeks and Romans, this was believed to be a path from the gods
12. An important international holiday celebrating gender equality
13. Each March, this city's river is dyed green
14. Another word for a three-leaf-clover

SCAN THE QR CODE FOR  
THE ANSWER KEY



# Choosing a Meal Delivery Service

from the *Better Business Bureau*

Meal delivery services give consumers a more convenient way to make home-cooked dinners by delivering fresh, pre-measured ingredients and easy-to-follow recipes to your doorstep. But just like any other service, each company is different.

Pricing, ingredients, and preparation requirements vary greatly between services. You'll need to do some homework to pick the one that best meets your family's needs. If the appeal of a meal delivery subscription is learning new recipes and experimenting with ingredients, you might choose one company. But if your main interest is speed and simplicity, another may be a better fit.

### The following tips will help select an ideal meal delivery service for your household:

- Research the delivery service. Ask friends and family, read reviews, and check BBB.org to learn about past customers' experiences.
- Set a budget and check the fine print. Pricing can vary from one company to the next. Make certain the service aligns with your budget. In addition, not all meal delivery services include shipping fees in their pricing – read the fine print.
- Know your skill level. Before committing to a plan, research what kind of cooking techniques you'll need to know. If a company's recipes require searing, roasting, and braising, do you know how? If not, make sure you have the time to learn new techniques.
- Consider ingredient quality. Not all companies offer organic, non-GMO, or free-range meal ingredients. If these are must-haves for your family, make sure the company offers them.
- Determine how much prep work you want. Some companies do more chopping and sauce-making than others. This seemingly small difference can make a big difference in how long each meal takes to make.
- Consider the customer service. If there is ever a problem – a missing recipe card or ingredient, for

example – you want to know that you can count on customer service. Make sure there are clear, easy ways to contact the company, even late in the evening. Read the company's reviews and keep an eye out for any indication that customer service is lacking.

- Check the cancellation policy. Before making a decision to subscribe to meal delivery, understand the cancellation policy. Each company is different and some may have very strict policies.
- Be careful with personal information. Most food delivery services process payments online. Make sure the company is legitimate before offering up personal information such as financial information and address.
- Review BBB tips for shopping online. Since meal delivery services don't usually have brick and mortar storefronts, consider BBB's tips for smart shopping online.

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## Activities at the Hall in 2023

Fun Bridge is ideal for those who enjoy a good game of cards and socializing with other Bridge lovers. Our group gets together on Wednesdays from 10 am to Noon

Stretch class based on Hatha Yoga is held Monday 8:45 to 10 am and 7:15 to 8:30 pm and Thursday 9:30 to 10:45 am. Class is limited to 15.

For anyone who is an avid Quilter, we have a Quilting group that meets Monday from Noon to 4 as well as a group that meets Wednesday from 9:30 to 1pm. Group Size is limited

For further information or to register please call Amanda Gotmy Our Hall Manager at 403-938-2525 or email at [DWCA@platinum.ca](mailto:DWCA@platinum.ca)


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# Female Clergy

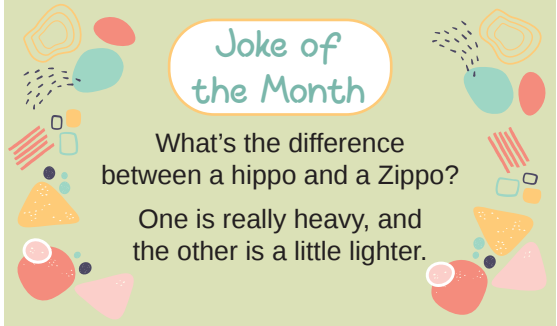


On March 12, 1994, the Church of England, which is headed by the British monarch, ordained 32 female priests. Prior to this, all clergy in the Church of England were male. As a result, 700 male clergy and thousands of church members left the church in protest. On a happier note, in 2015, the Church of England welcomed its first female bishop, Libby Lane!

## Joke of the Month

What's the difference between a hippo and a Zippo?

One is really heavy, and the other is a little lighter.



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### Houseplant Design

by Carolyn Brown. Credits to the Calgary Horticultural Society

Whether you start with your home office, the family room, or the bathroom, create living harmony with the three 'P's of houseplant design: plant, pot, position. For example, plant a bold sansevieria (snake plant) in a solid square pot for impact, utilize a series of similar shaped pots to create flow with say, miniature ferns, or create a planter with varieties of succulents.

Tree-like tropicals like banana and figs bring an element of scale to larger rooms. Have a high ceiling? Climbing philodendron and vines like pothos are a perfect way to create a more intimate space. Do you live in an apartment or basement suite with low light? Try a zebra, snake, or cast iron plant. Choose beautiful pots as these slow growers may be with you for a lifetime!

Typically, the room with highest humidity, such as a bathroom with a window or skylight, is perfect for growing ferns and orchids. Did you know that mirrors will reflect even more light onto your plants? So, go ahead and find cute hanging pots and mini containers to add some 'funk factor' to this small utilitarian space. Have some fun with shape, colour and texture.

How about a string of pearls? Dolphins? Turtles, anyone? These diminutive trailing plants are often referred to as 'plant babies,' adding a touch of whimsy to the kitchen. How about an artillery or candystick plant to spark conversation in the den? Foliage colour can enhance a room or provide contrast within it. Gold, variegated, and deep purple leaves will make a statement or blend in seamlessly.

From big bold leaves to fluffy ferns, incorporating texture adds drama and interest throughout the house. Repeat patterns and plant varieties for a sense of calm and touch of class. Keep these design principles in mind to bring any room to life beautifully.

#### Fun Fact

The benefits of green leafy plants are proven to boost mood and the wellbeing of humans and animals alike. A natural air freshener, plants help to remove toxins and improve the quality of the air that we all breathe. With proper selection and care, plants bring pleasing aesthetics to any space when given the right environment.

### Spring Cleaning Your Way to Better Health

by Nina Wilder



March is here and we all know what that means: time for spring cleaning! This time of year is all about hitting that 'refresh' button and tackling the chores

that we have been putting off. But this tradition doesn't have to just be about dusting the blinds and decluttering our garages, it can also be a great opportunity to set our environment up to support healthy habits.

To form new habits, we must make them attractive, easy, and satisfying. We can do this by cleaning and organizing our homes in such a way as to encourage us to do certain behaviours. For example, if we want to increase our activity and aren't interested in going to a gym, we can create a designated activity space in our home. We can clear out a corner or – if you have the luxury – an unused room and make it appealing for activity: set out a music player, hang up motivating images or quotes, and lay out equipment in an organized and accessible way. The more appealing the room is, the more you'll want to use it!

Conversely, to kick a bad habit, we must make it harder to do, unattractive, and unsatisfying. If our goal is to eat less junk food, we can start by reorganizing the kitchen. We can declutter our pantries and fridges of things that tempt us and put them somewhere harder to reach such as that cupboard in the garage, or the freezer downstairs. We can also organize the contents in our fridge so that healthier snacks are more towards the front so they're easier to grab and give us a strong visual reminder to go for those instead. If you find yourself throwing out uneaten vegetables and fruits that have gone bad, stop putting them in the fridge drawer, out of sight!

With a little elbow grease, we can not only make our homes cleaner and more organized, but also conducive to having better health. How's that for a new tradition?

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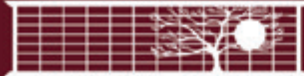
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