

NOVEMBER 2023 • ISSUE 270

DELIVERED MONTHLY TO 6,010 HOUSEHOLDS

LAKE BONAVISTA BUGLE



THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER

LBCA ANNUAL CHRISTMAS CRAFT FAIR

NOVEMBER 18 AND 19



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🌐 www.thelbca.ca

FOLLOW US ON OUR SOCIALS



Administrative Office Hours

Monday - Friday: 9:00 am - 4:00 pm

LBCA STAFF

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andrea.waara@thelbca.ca

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Customer Service Rep: Shelley Curzon
shelley.curzon@thelbca.ca

Operations Manager: Devon Marr
devon.marr@thelbca.ca

Operations Coordinator: Justin Baranec
justin.baranec@thelbca.ca

Arena Staff
587-229-7880

BOARD OF DIRECTORS

President: Simone Thumm
president@thelbca.ca

Vice President: Dave Goertzen
vp@thelbca.ca

VP of Finance: Pamela Oliva
vpfinance@thelbca.ca

Past President: David Shaw
pastpresident@thelbca.ca

Director at Large: Caroline Martel
director2@thelbca.ca

Director at Large: Adam Ostopowich
director4@thelbca.ca

Lake Bonavista Contacts/Groups

Lake Bonavista Homeowners Association (The Lake)
403-271-3333 | www.lkbonavista.ca

City of Calgary
311 | www.calgary.ca

Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)





Good Food Box

The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on Order Date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on Pickup Date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

Pricing and Sizes

Small : \$30 for 20 to 25lbs

Medium: \$35 for 30 to 35lbs

Large: \$40 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pick Up Date (Wednesdays 12:00 to 4:00 pm)
November 27	December 6

For more information, please visit our website at www.thehbca.ca/good-food-box/.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SCHOOL DIRECTORY

- Andrew Sibbald Elementary
- Canyon Meadows Spanish Academy
- Dr. EP Scarlett High School
- École de la Rose sauvage (French) 10-12
- École de la Source (French) K-9
- Ecole Notre-Dame-De-La-Paix
- École Sam Livingston Elementary School
- École St. Cecilia French Immersion
- Ecole Sainte-Marguerite-Bourgeoys Elementary School
- Fairview School
- Lake Bonavista Elementary School
- Lord Beaverbrook High School
- Midnapore Community School (bilingual Mandarin)
- Nickle Middle School
- Our Lady of the Rockies High School
- Prince of Wales School
- St. Bonaventure Junior High School
- St. Boniface Elementary School
- St. Philip Fine Arts Elementary School
- Ste-Marguerite-Bourgeoys (S)(French) 7-12
- St. Matthew Elementary/Junior High School
- St. William Elementary School

CHURCH DIRECTORY

- Bonavista Baptist Church
1507 Acadia Drive SE
- Bonavista Evangelical Missionary Church
1509 Lake Ontario Drive SE
- Holy Nativity Anglican Church
12707 Bonaventure Drive SE
- St. Bonaventure Catholic Church
1600 Acadia Drive SE
- Fish Creek United Church
77 Deerpoint Road SE
- Your Grace Land
Delta Calgary South
- Red Deer Lake United Church
Hwy 22X West
- The Church of Jesus Christ of Latter Day Saints
14540 Parkland Blvd SE
- McDougall United Church
8516 Athabasca St. SE
- Lutheran Church of Our Saviour
8831 Fairmount Dr SE Calgary

Calgary



The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp

QUARRY PARK

Dynamic DENTAL
Family & Cosmetic Dentistry

Dr. Nikola Vranjes, DDS



Dr. Tasha Chrbet, DDS



Dr. Megan Lawless, DDS

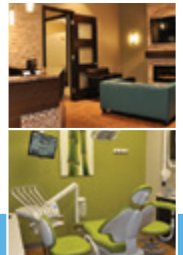


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Dr. Vranjes & Associates at Dynamic Dental would like to welcome Dr. Megan Lawless and Dr. Isela Montemayor to the team



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FRIENDS of Fish Creek

Dedicate a Bench in Fish Creek and Leave a Lasting Legacy!

You may have seen Friends of Fish Creek Dedication Benches throughout Fish Creek Provincial Park. There are approximately 105 bench locations and each year several benches become available. Donors can dedicate a bench for ten years for a fee of \$5,250 as a tax-deductible donation, and have a personalized plaque affixed to the bench. At the end of the term the donor will have the opportunity to renew the contract or cancel it.

These beautiful and sturdy dedication benches provide the perfect opportunity for you to show your support for Fish Creek Provincial Park while providing a comfortable place for park visitors to rest and appreciate nature. In 2024, there will most likely be some benches available in the west end of the park namely Bebo Grove, Shannon Terrace, and Marshall Springs areas. So, if you have been thinking about dedicating a bench, this may be the perfect opportunity for you. Special thanks to Alberta Forestry and Parks and the Venturers Society of Calgary for supporting the Friends in the delivery of this very special program in Fish Creek. For more information, please visit friendsoffishcreek.org/dedication-bench.

GivingTuesday – November 28

After the excitement of Black Friday take some time to give back on GivingTuesday. GivingTuesday is a global movement designed to support the spirit of philanthropy and generosity. This year, the Friends are asking you to help support our conservation initiatives in Fish Creek by making a tax-deductible donation. Your hard-earned donation dollars will be used effectively and efficiently right here in Fish Creek Provincial Park. To support Fish Creek this GivingTuesday, please visit friendsoffishcreek.org/ffc-donate.

The Fish Creek Community Terrace

Every brick tells a story! Share your story with the Fish Creek Community. If you have been to the Bow Valley



Ranch recently, you may have seen the Fish Creek Community Terrace, which consists of personalized bricks installed just in front of the Cookhouse. The Friends are now offering bricks for Phase 4 of the Terrace to be installed in 2024. For more information, please visit friendsoffishcreek.org/brick.

Membership Shows You Care

Now is the best time of the year to renew your Friends of Fish Creek membership or to become a member. The Friends do not receive regular support to run our programs that benefit the park and community and rely on a variety of funding sources like grants, program fees, personal donations, and memberships. Friends' members receive benefits like admission to our Fish Creek Speaker Series programs, a discount on the popular Birding Courses, a discount at select local businesses, and the ability to vote at our Annual General Meeting. Show your support for this park by becoming a member or renewing your membership today. Memberships will be valid until December 31, 2024. To renew your commitment to Fish Creek please visit friendsoffishcreek.org/membership.



FALL DROP-IN SCHEDULE

September 17 - December 22, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<u>Tumble Time</u> 9:30-11:30am (Gym)	<u>Tumble Time</u> 9:30-11:30am (Gym)	<u>Tumble Time</u> 9:30-11:30am (Gym)			
<u>Stick & Puck</u> 3:30-4:30 (Small Ice)	<u>Leisure Skate</u> 3:00-4:00 (Small Ice)	<u>Stick & Puck</u> 12:00-1:00 (Large Ice)	<u>Leisure Skate</u> 10:45-11:45 (Small Ice)	<u>Stick & Puck</u> 1:00-2:00 (Small Ice)		<u>Stick & Puck</u> 12:15-1:15 (Small Ice)
<u>Pickleball</u> 10:15-12:15pm 12:30-2:30pm	<u>Pickleball</u> 1:15-3:15pm	<u>Pickleball</u> 1:15-3:15pm	<u>Pickleball</u> 1:15-3:15pm	<u>Pickleball</u> 10:45-12:45pm		<u>*Pickleball</u> 9:00-11:00 <i>Beginning Nov 5th</i>
				<u>Drop-In Gym</u> 1:30-4:00pm <small>Rotating equipment set-up. See below.</small>		<u>Drop-In Gym</u> 11:30-1:30pm <small>Rotating equipment set-up. See below.</small>

OPEN GYM EQUIPMENT SETUP DATES

SUNDAYS: Basketball & Volleyball
Sept 17, Oct 1, 15, 29, Nov 12, 26, Dec 10
SUNDAYS: Basketball, Floor Hockey & Soccer:
Sept 24, Oct 8, 22, Nov 5, Dec 3, 17

FRIDAYS Basketball & Volleyball
Sept 22, Oct 6, 20, Nov 3, 17, Dec 1, 15
FRIDAYS Basketball & Badminton
Sept 29, Oct 13, 27, Nov 10, 24, Dec 8, 22



Drop-In check-in is open until 30 minutes before the end time.

NO ADMITTANCE to activities in the last 30 minutes.

OFFICE CHECK-IN is REQUIRED BEFORE all drop-in activities.

Pre-Sign Up is Required for all Pickleball Sessions.

DROP-IN SCHEDULE: Holidays & Modified Dates

Fri. Sept 29 & Fri. Nov 10:
Pickleball 10:45am-12:45pm
Stick & Puck 1:00pm-2:00pm
Drop-in Gym 1:30-4:00pm
(Basketball & Badminton)

Monday, October 9
Pickleball 10:15am-12:15pm
Stick & Puck 12:15pm-1:15pm

Sunday, October 29
Leisure Skate/Halloween
Skate 12:15-1:15
Registration Required

Sunday, Nov 19
Stick & Puck 1:00-2:00pm
NO Drop-In Gym



DROP-IN RATES

	1x Drop-In Pass	5x Drop-In Passes	10x Drop-In Passes	25x Drop-In Passes
YOUTH MEMBER	\$5.00	X	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
YOUTH NON-MEMBER	\$5.00	X	X	X
ADULT MEMBER	\$5.00	\$25.00	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
ADULT NON-MEMBER	\$6.00	\$30.00	X	X

MEMBERSHIPS ONLY \$30 PER HOUSEHOLD

-Sign in at the office & get your wristband.

-No admittance to activities in the last 30 minutes.

-Drop-In Activities: Pickleball, Open Gym, Public Skate & Tumble Time.

MEMBERSHIPS VALID JULY 1, 23 - JUNE 30, 24
PUNCH PASSES VALID SEPT. 17, 23 - MAY 17, 24

MEMBER BENEFITS

- Free Leisure Skate
- Free Stick & Puck Drop-In
- 20% Off Same Day Facility Bookings
- 20% Off Birthday Parties
- LBCA Program Discounts
- LBCA Event Discounts
- Drop-In Discounts
- Drop-in Pass Perks



KIDS' CHRISTMAS CRAFT FAIR

DECEMBER 2, 2023 | 9:00 AM - 1:00 PM
LBCA MULTI-PURPOSE ROOM

Children can shop for unique gifts for parents, grandparents, siblings friends & more. All items \$20 and under.

CASH ONLY EVENT
FREE ENTRY!



LBCA

GRINCH TREE Workshop

FRIDAY, DECEMBER 1st
7:00PM - 9:00 PM

Spend the evening at the LBCA and learn how to create your own Grinch Tree! Tickets include all Grinch Tree materials (red container, cedar, pine, fir, bobbles, berries, and bling), a glass of wine or a non-alcoholic beverage and delicious Christmas treats. Additional glasses of wine can be purchased for \$5.00. You must be 18+ to participate.

REGISTER: WWW.THELBCA.CA




LBCA
Join the fun!



You are invited to the

LBCA Annual General Meeting

Wed, Nov 15th
@ 7:00pm
in the
Multi-Purpose Room.

Residents of Lake Bonavista that have an active LBCA membership are eligible to vote.

OFFICIAL

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LBCA
Join the fun!

SAME DAY FACILITY BOOKINGS

LBCA MEMBERS
RECEIVE 20% OFF BOOKINGS ALL YEAR ROUND!

20% OFF

- ✓ Gymnasium
- ✓ Multi-Purpose Room
- ✓ Small and Large Ice
- ✓ Fitness Facility

Booking requests are accepted over the phone or in the office only. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum, two hours maximum.

CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)

PARKLAND CARES



Warm Feet Warm Hearts

Collecting Socks and Toiletry Donations:
November 1 - 24, 2023

LBCA & Park 96
219 PARKGLEN CRESCENT
24 LAKE EMERALD ROAD
16 LAKE TWINTREE PLACE

CALGARY DROP-IN CENTRE

Beaver Moon

Traditionally, the full moon in November is called the Beaver Moon because, in need of warm furs for the winter, people in the Colonial Era set beaver traps to catch them before the lakes froze over. This year, the Beaver Moon will be on November 27!



Yielding to Emergency Vehicles

by Alberta Health Services

For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- Move right or left to the nearest curb on one-way streets.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

When operating a vehicle:

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.



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Age-Friendly Calgary Essential Numbers for Seniors in Calgary

9-1-1 Emergency (24-Hour)	403-SENIORS (403-736-4677) The Way In
For EMERGENCY medical, fire, and police response. Call the non-emergency police line at 403-266-1234 to report an incident that is not an emergency.	Information, advice, and help accessing programs and benefits for older adults.
8-1-1 Health Link (24-Hour)	403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)
Health advice (including dementia advice) from a registered nurse.	Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).
3-1-1 City of Calgary (24-Hour)	403-943-1500 Access Mental Health
Information on all City of Calgary services. www.calgary.ca .	Non-urgent advice on navigating the addiction and mental health system.
2-1-1 Community Resources (24-Hour)	403-705-3250 Elder Abuse Resource Line (24-Hour)
Information and referrals for community and social services. www.ab.211.ca .	Confidential information and support, or to report a suspected case of elder abuse.
Telephone language interpretation service available on all lines.	

COMMUNITY RESOURCES

SCAN ME

Scan the QR code for information on traffic concerns, city of Calgary events, crime statistics, development permits and more.

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- Home Builder
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VISIT WITH

Santa Claus

• Ring in the holidays with a singing Santa, Christmas photos, cookie decorating, bouncy castles, crafts, games, snacks, hot chocolate, and more! Only \$12/child!

SATURDAY, DECEMBER 2 @ THE LBCA

Two Sessions Available!

9:00am - 10:30am

11:00am - 12:30pm

REGISTER: www.thelbca.ca





Lake Bonavista Figure Skating Club

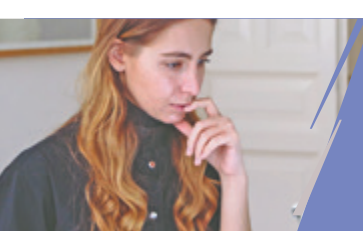
www.lbfsc.ca • 403-829-1272

President	Irene Liew	president@lbfsc.ca
Vice-President	Susan Measor	vicepresident@lbfsc.ca
Secretary	Danielle Bertsch	secretary@lbfsc.ca
Treasurer	Elaine Little	treasurer@lbfsc.ca
STARSkate Chair	Simone Saeger	starskate@lbfsc.ca
Rink Chair	Irene Liew	rinkchair@lbfsc.ca
CanSkate Chair	Courtney Topolay	canskate@lbfsc.ca
Assessment Coordinator	Elaine Little	testchair@lbfsc.ca
Events Chair	Trish Power	events@lbfsc.ca
Fundraising Chair	Christie Magda	fundraising@lbfsc.ca
Volunteer Coordinator	Paulette Hayman	volunteer@lbfsc.ca
Casino Chair	Danielle Bertsch	casino@lbfsc.ca
Communications Chair	Irene Liew	communications@lbfsc.ca



Other Programs/Sport Contacts

Bow River South Basketball Association	www.bowriverbasketball.com
Calgary Fellowship of the Sword	http://calgarysword.ca/contacts-and-links.php
Calgary Kyokushin Karate	calgarykyokushinkarate@shaw.ca
Calgary Sport and Social Club	www.calgarysportsclub.com
CMBA	www.cmba.ab.ca
Cutting Edge Kung Fu	www.facebook.com/CuttingEdgeKungFu/
Devotion Danceworks	www.devotiondanceworks.com
Fencing Calgary	www.fencingcalgary.com
FLC Seniors Club	www.flcseniors.ca
Girl Guides of Canada	www.calgarygirlguides.com
Girls Hockey Calgary Association	www.girlshockeycalgary.ca
Heiben Martial Arts	www.hmasystem.com
Knights Hockey Club	www.knightshc.ca
Lake Bonavista Adult Badminton	403-248-8530
Scouts Canada	www.scouts.ca
Stryker Sports	www.strykersports.ca
Take Off Pounds Sensibly (TOPS)	www.tops.org
Wee Wonder Daycare	www.weewonder.ca



Check us out at www.thelbca.ca

Go to this website for all the Lake Bonavista community events, registration information, community newsletter, program updates and LBCA Board of Director news.



TUMBLE TIME

**Tuesdays/Wednesdays/Thursdays:
9:30 – 11:30 AM September 19–December 21**

Tumble Time is a Drop-In, parent-supervised program for children under 6 years. Little ones will enjoy the bouncy castles, building blocks, balls, toys, games and more!

\$5 Members | \$6 Non-Members | Free for Adults



Gallery



Photos by Doug Goble



Photo by Michelle Fraser

PARKLAND CARES

WEEK OF NOVEMBER 1-5
219 PARKGLEN CRESCENT
24 LAKE EMERALD ROAD
16 LAKE TWINTREE PLACE



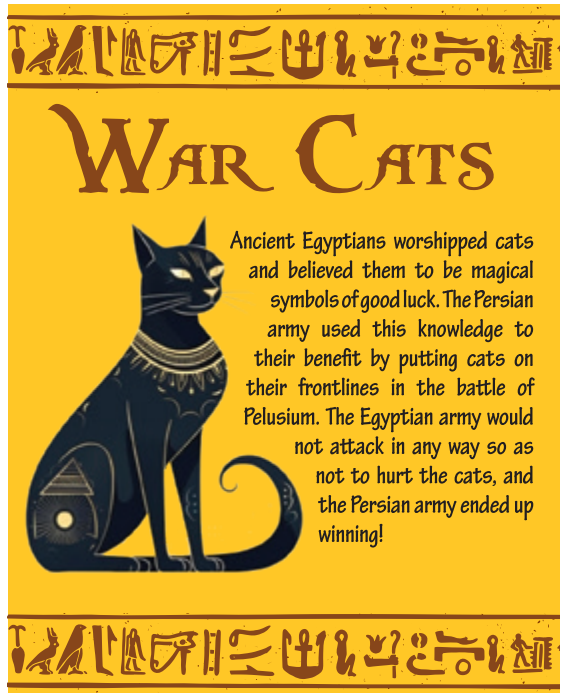
Bonavista Cares

In late 2015, a group of families in Lake Bonavista jointed together with the idea to help families, neighbours and other communities in need. Bonavista cares continues to grow as residents of all ages participate in projects that make a positive impact on others. The time commitment is low and the rewards are great!

Join us, or contact us for more information.

Everyone is welcome!

Email bonavistacares@gmail.com or



ENGINE 23

**Design subject to change.*

BRICK-BUY -BRICK

Help give kids a **ladder up on literacy** and build the new home for the Engine 23 fire truck at Fish Creek Library, *brick-by-brick.*



For \$123 you can put your name on a brick!

All proceeds support the Calgary Public Library and are 100% tax receiptable.



**GET YOUR BRICK TODAY!
ENGINE23.CA**





LBCA

Join the fun!

Christmas Craft Fair

November 18 & November 19

10 AM – 3:00 PM

FREE ADMISSION

**Local vendors, tasty treats,
holiday music & more!**

VENDOR APPLICATIONS CLOSED



Lake Bonavista Real Estate Update

Last 12 Months Lake Bonavista
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2023	\$ 807,450	\$ 772,500
August 2023	\$ 667,450	\$ 653,000
July 2023	\$ 614,900	\$ 657,500
June 2023	\$ 610,000	\$ 665,000
May 2023	\$ 749,900	\$ 742,500
April 2023	\$ 625,000	\$ 650,000
March 2023	\$ 654,000	\$ 649,125
February 2023	\$ 757,450	\$ 760,450
January 2023	\$ 439,400	\$ 415,000
December 2022	\$ 269,000	\$ 245,000
November 2022	\$ 654,900	\$ 624,000
October 2022	\$ 674,900	\$ 653,600

Last 12 Months Lake Bonavista
MLS Real Estate Number of Listings Update

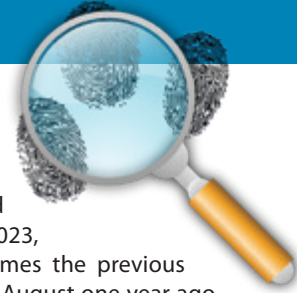
	No. New Properties	No. Properties Sold
September 2023	19	10
August 2023	18	20
July 2023	20	20
June 2023	21	23
May 2023	26	32
April 2023	31	25
March 2023	25	22
February 2023	16	14
January 2023	11	10
December 2022	7	7
November 2022	11	12
October 2022	15	13

To view more detailed information that comprise the above
MLS averages please visit lakb.mycalgary.com

CRIME STATISTICS

Lake Bonavista Crime Activity was Down in August 2023

The Lake Bonavista community experienced 6 crimes in August 2023, in comparison to 10 crimes the previous month, and 14 crimes in August one year ago. Lake Bonavista experiences an average of 9.4 crimes per month. On an annual basis, Lake Bonavista experienced a total of 113 crimes as of August 2023, which is down 43% in comparison to 197 crimes as of August 2022. To review the full Lake Bonavista Crime report visit lakb.mycalgary.com.



Bonavista Downs Crime Activity was Unchanged in August 2023

The Bonavista Downs community experienced 1 crime in August 2023, in comparison to 1 crime the previous month, and 1 crime in August one year ago. Bonavista Downs experiences an average of 0.6 crimes per month. On an annual basis, Bonavista Downs experienced a total of 7 crimes as of August 2023, which is unchanged 0% in comparison to 7 crimes as of August 2022. To review the full Bonavista Downs Crime report visit bona.mycalgary.com.

How To Report Crime In Lake Bonavista | Bonavista Downs: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.

BONAVISTA FLOWERS

40 YEARS OF FLORAL EXPERIENCE

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Fall and Winter Classes!

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107, 755 Lake Bonavista Drive SE
www.bonavistaflowers.ca



Crime Prevention Dashboard

WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:
Emergency: 911
Non-emergency: 403-266-1234

WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

ONLINE REPORTING

<http://www.calgary.ca/cps/Pages/Report-a-crime.aspx>

These reports are not reviewed in real time.

REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.

TALK: 1-800-222-8477

TEXT: tttTIPS to 274637

ONLINE: <http://tttips.com/home>

Please note that not all tips submitted to Crime Stoppers are investigated.

SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.

Please note if you want to remain anonymous, you must submit your information to www.Crimestoppers.org

REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.

Include the location; description of the object the graffiti is on and a photo of the graffiti.

ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.

<https://www.emergencyalert.alberta.ca/content/about/signup.html>

511 ALBERTA WEBSITE AND APP

Please visit <https://511.alberta.ca/> and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. <https://511.alberta.ca/map>

ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234

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PICKLEBALL SCHEDULE: Sept 17-Dec 22

MONDAYS:
10:15am-12:15pm, 12:30pm-2:30pm

TUESDAYS 1:15PM-3:15PM

WEDNESDAYS 1:15pm-3:15pm

THURSDAYS 1:15PM-3:15PM

FRIDAYS 10:45AM-12:45PM

SUNDAYS: 9:00am-11:00am
(Begins Nov 5th)

Holidays & Modified Dates

Mon, Oct 9: 10:15am-12:15pm, 12:30pm-2:30pm

Fri, Sept 29 & Fri, Nov 10: 10:45am-12:45pm

Pre-Sign Up is REQUIRED.

Visit www.thelbca.ca
for sign up link



LBCA
BABYSITTING
COURSE

November 26th
8:30 am - 4:30 pm

The Babysitter Course gives students the tools and knowledge to prepare for emergencies.

Students will receive a Red Cross babysitter's manual, first aid kit & completion certificate.

Youth ages 12 to 16

\$90 Non-LBCA Members
\$80 LBCA Members
Register: www.thelbca.ca



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☎ 403-278-4444

✉ Calgary.FishCreek@assembly.ab.ca

✂ @MylesYYC | @MLAFishCreek

In keeping with the proud traditions of our great nation, Alberta holds a deep-rooted heritage of military service. It is appropriate that we pause to recognize and pay homage to the steadfast commitment and sacrifices made by both past and present service members. It is truly heartwarming to witness the dedication of our community in supporting and honouring the brave men and women of the Canadian Armed Forces.

For generations, Canadians and new immigrants have come to Alberta in search of better lives and futures. A new generation is following in their footsteps to participate in our province's promise. According to Statistics Canada, the province's population increased by a record 4.1% or 184,000 from July 1, 2022, to July 1, 2023. These figures include the largest ever annual interprovincial migration increase for any province – 4.4 percent or 56,245 people.

These Canadians and new immigrants have chosen to come to our province in search of low taxes, good-paying jobs, and a world-class quality of life. They're also coming to our province in search of affordability, especially when it comes to home ownership.

While the extent of our population increase introduces certain challenges, these latest numbers serve as a strong signal that Alberta is not only back on the right track but on a path of strong growth and prosperity.

If you have any questions or input, please feel free to reach out to my office email at Calgary.FishCreek@assembly.ab.ca.



Cappuccino Social, Meet & Greet

Come down and meet some residents while we celebrate National Cappuccino Day with some sweet treats and great friends.

November 21st

Tuesday, November 21st @ 2:30pm

Calgary Korean Canadian Choir

We invite you to join us for the truly remarkable community choir for their melodious performance of diverse music for our community. We look forward to their voices, just in time for the holiday season.

Tuesday, November 28th @ 7:00pm



Please call to reserve your space today!

Seats are limited. If you have any questions or would like to book a tour, please call Jan or Shannon at

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BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Lake Bonavista and Bonavista Downs. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

LAKE BONAVISTA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

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ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Lake Bonavista? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

DTA RENOVATIONS & HANDYMAN SERVICES: We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CYPRESS ELECTRIC LTD: Are you looking to have some electrical work done? Local Master Electrician. WCB insured. Specializing in home renovations, basement developments, electrical panel replacements, electrical vehicle chargers, aluminum to copper conversion, bathfan and hoodfan replacements, pot lights, ceiling fans, new circuits, and receptacles. Call 403-466-8733 or email cypresselectricltd@gmail.com.

ED'S HANDYMAN SERVICES: "No job too small- give me a call!" Free estimates and seniors' discounts! 25 years of experience in general repairs, painting, tile installation, laminate/hardwood flooring, bathroom repairs/renovations and fencing. Call 587-998-2858 or email diaz180@telus.net.

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