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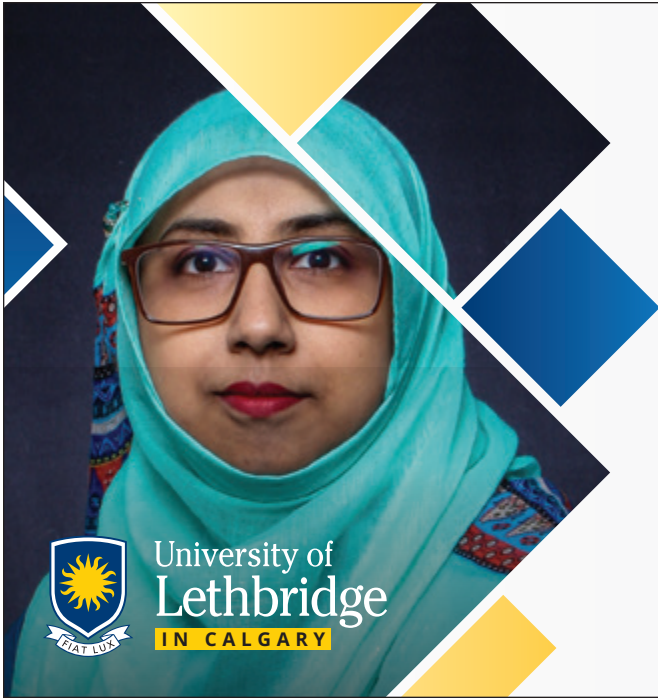
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IN CALGARY



Scan to find out why Dr. Sabahat Nazim (pictured) decided to pursue health services management and how to apply.
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New Patients Welcome

McKenzie Towne Community Association (MTCA)

Executive Committee

President	Open
Vice President	Stacey Williams
Treasurer	Jeff Morgan
Secretary	Ashley Owens

Board

Communications	Michelle Hemmaway
Membership	Leanne Walker
Seniors' Liason	Hailee Turpin
Events/Programs	Open
Fundraising	Open

We have open positions on our board and need your help! Interested in joining? Reach out to us at feedback@mckenzie towneca.com.

Currently, the MTCA has 46 member households (approximately 0.7% of McKenzie Towne homes).

For more information and to become a member, please visit our website at <http://www.mckenzie towneca.com/memberships/>. Your \$10 membership is the funding we receive to run events and contests for our community. To all those that have become members for 2021: Thank you and you are appreciated! We are working on more membership perks to come your way.

Follow us on Facebook and Instagram! @mckenzie towneca

Our meetings are fun and informative. Currently, they are being held online and a link will be given to anyone interested. We often have guest speakers in attendance such as representatives from the Calgary Police Service, Ward 12 office, the City of Calgary, and other organizations. The main focus of the MTCA is to bring our community together by being the liaison between these organizations and also by planning community events.

Please Note: We are the MTCA, not the MTC. The McKenzie Towne Council (MTC) is the board that is in control of our annual Home Owner Association (HOA) fees and they are in charge of maintaining the environment and physical amenities in McKenzie Towne.

RESIDENT PERSPECTIVES



Houseplant Design

by Carolyn Brown. Credits to the Calgary Horticultural Society

Whether you start with your home office, the family room, or the bathroom, create living harmony with the three 'P's of houseplant design: plant, pot, position. For example, plant a bold sansevieria (snake plant) in a solid square pot for impact, utilize a series of similar shaped pots to create flow with say, miniature ferns, or create a planter with varieties of succulents.

Tree-like tropicals like banana and figs bring an element of scale to larger rooms. Have a high ceiling? Climbing philodendron and vines like pothos are a perfect way to create a more intimate space. Do you live in an apartment or basement suite with low light? Try a zebra, snake, or cast iron plant. Choose beautiful pots as these slow growers may be with you for a lifetime!

Typically, the room with highest humidity, such as a bathroom with a window or skylight, is perfect for growing ferns and orchids. Did you know that mirrors will reflect even more light onto your plants? So, go ahead and find cute hanging pots and mini containers to add some 'funk factor' to this small utilitarian space. Have some fun with shape, colour and texture.

How about a string of pearls? Dolphins? Turtles, anyone? These diminutive trailing plants are often referred to as 'plant babies,' adding a touch of whimsy to the kitchen. How about an artillery or candystick plant to spark conversation in the den? Foliage colour can enhance a room or provide contrast within it. Gold, variegated, and deep purple leaves will make a statement or blend in seamlessly.

From big bold leaves to fluffy ferns, incorporating texture adds drama and interest throughout the house. Repeat patterns and plant varieties for a sense of calm and touch of class. Keep these design principles in mind to bring any room to life beautifully.

Fun Fact

The benefits of green leafy plants are proven to boost mood and the wellbeing of humans and animals alike. A natural air freshener, plants help to remove toxins and improve the quality of the air that we all breathe. With proper selection and care, plants bring pleasing aesthetics to any space when given the right environment.



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McKenzie Towne Council is a not-for-profit Residents' Association collecting annual dues (an encumbrance title) which maintains and manages common amenities and features in the community. This includes the McKenzie Towne Hall which provides rental space, programming, daycare, and events. For more information please visit www.mtcouncil.com or call 403-781-6612 Ext 0.

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ST. PATRICK'S PAINT & BEER NIGHT

MARCH 17 FROM 7:00-9:00 PM

- Admission:
 - Residents: \$50.00
 - Non-residents: \$55.00
- Entry Requirement: 18+
- Details: Have a fun night out with friends or meet new friends, while drinking beer and letting your creative side out. Whats included: all supplies, instructions, and one (1) beer or soft drink. Bring cash for additional drinks (beer \$5.00 and soft drink \$2.00)
- Registration closes Mar. 13 @ 2 PM.



The Full Worm Moon

The third full moon of 2023 occurs in March! It is aptly named the 'Full Worm Moon' as March signals the start of spring, thawed grounds, and the return of earthworms!



2023 Spring Program & Events Guidebook

Register now!
Check our website at
www.mtcouncil.com
for details on all
current events and
programs.



Pig Beach

Major Cay, an island in the Bahamas, has been home to a colony of feral, swimming pigs for decades. No one knows for sure how they got there. Some suspect that the pigs were survivors of a shipwreck and swam ashore, while others believe they were put there by inhabitants of a neighbouring island who didn't want them living on their island.



2023 EVENTS

Date	Time	Event	Fee
March 8	7:00 PM - 8:00 PM	Investing Seminar	Free
March 17	7:00 PM - 9:00 PM	St. Patrick's Paint & Beer	\$
March 1-April 3	N/A	Kid's Easter Coloring Draw	Free
May 10	TBD	Mother's Day Card Craft	\$
July 13	9:00 AM - 11:00 AM	Stampede Breakfast	Free
August 12	9:00 AM - 2:00 PM	Community Clean-Up	Free
October 27	6:30 PM - 8:00 PM	Family Halloween Pumpkin Carving	\$
TBD	N/A	Letter to Santa	Free
November 18	10:00 AM - 3:00 PM	Grand South Christmas Market	Free
December 2	10:00 AM - 12:00 PM	Brunch With Santa	\$

Some events require registration in advance.
Check our website for details at www.mtcouncil.com



The Boiling Lake



The island of Dominica in the Caribbean Sea is home to a flooded fumarole (a vent for volcanic gases) full of hot, bubbling water and vapour. The hike to this World Heritage Site is treacherous and involves trekking through boiling, muddy forests and sulphuric gas. Although it's beautiful and otherworldly, visitors beware!



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Drop-In SCHEDULE



Monday:

- Pickleball (16+) - 12:00-2:00 PM
- Volleyball (16+) - 7:15-8:45 PM

Tuesday:

- Pickleball (16+) - 10:00 AM-12:00 PM
- Floor Hockey/B-Ball Parent & Youth (13-17) - 4:30-6:00 PM
- Badminton (13+) - 6:30-8:30 PM

Wednesday:

- Playgroup Parent & Toddler (0-5) - 9:30-11:30 AM
- Pickleball (16+) - 12:00-2:00 PM

Thursday:

- Pickleball (16+) - 10:00 AM-12:00 PM

Friday:

- Basketball (18+) - 5:30-7:30 PM

Saturday:

- Basketball Family* - 4:00-6:00 PM
- Floor Hockey (18+) - 6:30-8:30 PM

Sunday:

- Pickleball (16+) - 10:00 AM-12:30 PM
- Pickleball Family* - 12:30-2:00 PM
- Badminton Family* - 3:00-4:30 PM

*Family drop-ins are for parents and their children,
a parent must be present.

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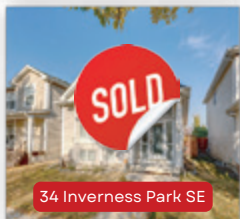
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