

THE OFFICIAL SETON COMMUNITY NEWSLETTER





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*Guarantee is being offered by Greater Property Group. Terms and Conditions Apply.

		Prope	erties	Mediar	an Price	
		Listed	Sold	Listed	Sold	
September	23	34	18	\$448,450	\$444,500	
August	23	20	18	\$411,000	\$410,375	
July	23	22	16	\$397,400	\$394,700	
June	23	26	26	\$432,450	\$430,000	
May	23	24	30	\$387,250	\$384,750	
April	23	26	24	\$406,150	\$402,300	
March	23	23	25	\$399,900	\$396,500	
February	23	29	18	\$385,000	\$381,450	
January	23	7	11	\$439,900	\$429,900	
December	22	6	8	\$467,950	\$460,950	
November	22	17	13	\$415,000	\$415,000	
October	22	10	15	\$435,000	\$433,000	

To view more detailed information that comprise the above MLS averages please visit seto.mycalgary.com



Meet Your Seton Homeowners Association Board of Directors

BOA	RD O	F DIRE	CTORS

Deb Glover	Brookfield Director
Karen Shopland	Brookfield Director
Kristine Aghajanova	Brookfield Director
Steven Phan	Resident Director
Temi Bolaji	Resident Director
Christopher Williams	Resident Director
Adeniyi Ogunwusi	Resident Director
Andrew Picklyk	Resident Director
Abiodun Oduniyi	Resident Director

What is the Seton Homeowners Association (SHOA)?

The SHOA is a not-for-profit company, which is incorporated and professionally operated, managed, and maintained. The SHOA will be responsible for the operations and maintenance of community assets, such as: entry features, amenities, and the Seton HOA facility (an exclusive lifestyle centre for Seton residents) for the lasting enjoyment of its membership. In addition to supporting healthy living and enhanced quality of life, your HOA will create opportunities to meet your neighbours and develop connections.

SCAN HERE TO VIEW ADDITIONAL SETON CONTENT

News, Events, & More





SETON HOA

Contact Info

Email: info@setonhoa.ca

Website: www.seton-connect.com **Facebook:** www.facebook.com/setonyyc **Instagram:** www.instagram.com/seton_yyc/





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November 11, Remembrance Day

A message from the Federation of Calgary Communities



As November unfolds, we come together to honour and remember the sacrifices of those who served and continue to serve our nation. On November 11, Remembrance Day, we pause to reflect on the bravery and resilience of our heroes who fought for peace and freedom.

Remembering Our Heroes

Remembrance Day holds a profound significance, reminding us of the countless lives lost and affected by war and conflict. It's a day to pay tribute to the courage and dedication of the men and women who have given their all, ensuring our safety and defending the values we hold dear.

As we commemorate this day, let us take a moment of silence to remember the sacrifices made by our armed forces, acknowledging the debt of gratitude we owe to them and their families. Their sacrifice is a beacon of courage and a reminder of the importance of unity, peace, and harmony in our world.

Poppies: A Symbol of Remembrance

The poppy, a symbol deeply ingrained in Remembrance Day, serves as a poignant reminder of the bloodshed and sacrifice endured by our military personnel. The red poppy, inspired by the poem *In Flanders Fields*, has become an enduring emblem of hope and remembrance. We encourage you to wear a poppy and share its symbolism, fostering awareness and respect for our veterans.



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SETON

HOMEOWNERS ASSOCIATION

AGM 2023

OUR ANNUAL AGM WILL BE HELD ON WEDNESDAY, NOVEMBER 1ST, 2023.
REGISTRATION IS REQUIRED VISIT WWW.SETON-CONNECT.COM FOR DETAILS.

OF DIRECTORS? CONTACT

GM@SETONHOA.CA





South Health Campus Wellness Centre

Better Health for Free

Find information, resources, and classes to help make decisions about your health.

Visit the 2023 Fall Program Guide for more information and registration details at www.ahs.ca/shcwellness.

Ouestions? Call 403-956-3939.

Upcoming FREE Programs in November & December 2023

Tasty Low Salt Cooking

Are you struggling with how to implement a lower salt (sodium) diet? Learn practical ways to lower salt in your diet with a cooking demonstration by AHS Nutrition Services Registered Dietitians. This 2-part series will feature label reading, lower sodium substitutions and preparing healthy, lower sodium foods that taste great. Register for one or both classes.

When: Meal Ideas: November 21 Noon - 1:00 pm. Dips & Sauces: December 12 Noon – 1:00 pm.

Program Provider: AHS Nutrition Services Registered Dietitians and the Wellness Kitchen.

Registration: www.redcap.link/TastyLowSaltCooking.

Easy & Healthy Mediterranean Cooking

Learn how to eat Mediterranean! The Mediterranean may be far away, but the delicious and healthful foods of this style of eating are close at hand. Improve your nutrition with Mediterranean meal ideas for brain health, heart health, or general well-being.

When: November 16 Noon – 1:30 pm.

Program Provider: AHS Nutrition Services Registered Dietitians and the Wellness Kitchen.

Registration:

www.redcap.link/EasyHealthyMediterraneanCooking.





Jar Cats

Ancient Egyptians worshipped cats and believed them to be magical symbols of good luck. The Persian army used this knowledge to their benefit by putting cats on their frontlines in the battle of Pelusium. The Egyptian army would not attack in any way so as not to hurt the cats, and the Persian army ended up winning!

THE TENENT OF THE PROPERTY OF





The Residential Parking Permit Program

limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp





BUSINESS CLASSIFIEDS

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SETON MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Seton? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

INDEPENDENT INSURANCE ADVISOR: Accident, sickness, disability, and life benefits. With our amazing needs analysis tool, I make it easy to understand your living and death benefit needs. I work with any budget to get you and your family the best possible coverage. Contact Gloria Daly at 403-826-1628 or Gloria.Daly@Combinedagent.com. Licensed in Alberta and British Columbia.





CONNECTING TO CREATE A VIBRANT COMMUNITY



With such a large team committed to working together and making Seton the best place to call home, it can be confusing to navigate who to connect with and how. See below on how to best connect with your community.

CITY OF CALGARY

- Maintenance of public spaces, (pathways, parks, ponds, streets, etc.)
- Tree care & replacement in public green spaces
- · Snow removal on City streets
- · Building, planning, and business
- · Parks and recreation
- · Taxes and property assessment
- · Social programs and services
- Bylaws and public safety
- Waste servicesTransportation
- Calgary Fire Department
- Animal services

Homes Division

Construction

Planning

Leasing

Construction

Customer care

Commercial Division

Sales

Calgary Police Services

311 | calgary.ca

SETON HOA

- . Operations of the future HOA facility & park
- · Community programming & events
- Future maintenance of HOA owned land/ amenities in community
- Future seasonal lights
- · Community engagement
- Future enhanced landscape maintenance
 & snow removal in key public (City of Calgary)
 green spaces & pathways
- Automatic Membership encumbrance registered on Seton Homeowner's title
- · Not for profit organization

info@setonhoa.ca | seton-connect.com

f @setonyyc | @seton_yyc

BROOKFIELD RESIDENTIAL

Communities Division

- Planning
- Underground services
- Road & sidewalk construction
- Park & green space construction & maintenance until turned over to City of Calgary (see map)
- Tree Planting
- · Architectural controls
- HOA support

info.calgary@brookfieldrp.com | (403) 231-8900

FUTURE SETON CA

- · Celebrating community
- Community advocacy for
 - Schools
- Safety
- Urban planning
- Community issues
- · Civic issues
- Recreational sports leagues
- · Community programming (minor sports) & events
- Future development of allocated CA land
- · Optional membership
- Not for profit organization

If you are interested in being involved with setting up the Seton Community Association, email info@setonhoa.ca

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Dr. N. Headley, Dr. R. Palmer, Dr. N. Speidel, Dr. K. Toucher, & Dr. A. Vilaysane – General Dentists | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist