# #BROAD CASTER

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Prominence Park (Patterson Blvd & Patina Dr)

# **FARM STAND**

Fridays - 2 pm to 6 pm

www.chph.ca



### **Upcoming Events**

#### Food Trucks Are Here for The Rest of Summer 2023!

Every second Tuesday in Prominence Park (Corner of Patterson Boulevard and Patina Drive)

August 8, 22, September 5 4:00 to 7:00 pm

#### **Produce Stand**

Every Friday in Prominence Park from 2:00 to 6:00 pm.

#### Yoga in the Park

Yoga returns for a second session with our fantastic instructor, Tanya Reid! Please join us for a 6-week gentle yin yoga program on Thursdays (August 24 to September 28) from 5:45 to 6:45 pm. \$50 for CHPH members and \$75 for non-CHPH members. This program is suitable for all ages.

Registration and more details can be found by visiting www.chph.ca/post/yoqa-in-the-park.

#### Movie in the Park

We're excited to host this fun, free, annual event on Friday, September 8 in Prominence Park. There will be snacks for the kids, food trucks at 4:30 pm, with show time at 7:15 pm. Visit www.chph.ca/post/movie-in-thepark for more details!

#### Parade of Garage Sales September 16

This is a great time to clear out and sell your unwanted items before the winter comes (and make room for your vehicles). An up-to-date CHPH membership is required to have your address listed on the map. Go to www. chph.ca and click on 'memberships' to join or renew.

Email president@chph.ca by September 14 to be added.

#### New This Year - CHPH Garage Sale

Don't want to commit to a garage sale? Have a bag or box of unwanted items that you want to get rid of? Donate it to the community and we'll sell it on Garage Sale Day at our Community Garage Sale. Proceeds help us put on more great events and programs!

Visit www.chph.ca/post/parade-of-garage-sales for details.

#### Volunteers Needed!

We need volunteers to help sort and sell the items for the Garage Sale. Please email communication@chph.ca for more information.

#### **GAMES & PUZZLES**

#### **Guess That Animal!**

- 1. Male \_\_\_\_\_\_ are the only creatures in the animal kingdom to undergo pregnancy and give birth.
- 2. This tree-hugging marsupial's fingerprints are almost indistinguishable from humans, which has confused some forensic crime scene investigators.
- 3. This monogamous species mates for life and courts one another by gifting each other pebbles.
- 4.This large rodent is one of the friendliest in the animal kingdom and has been known to befriend crocodiles, monkeys, dogs, and even humans!
- 5. The \_\_\_\_\_\_ is the only mammal that can truly fly and not simply glide.
- are the only venomous primates; their armpits secrete venom that they lick to coat their teeth before attacking and biting.









# **Six Tips on Hosting a Successful Garage Sale**

by Misha Mustaqeem

With the end of summer coming up, many around Coach Hill and Patterson Heights are gearing up to host a garage sale for our Parade of Garage Sales on September 16. So how do you have a successful garage sale? Here are some tips.

## #1: Follow All Municipal Bylaws Regarding Garage Sales

The relevant bylaws that apply to hosting a garage sale relate to temporary signs: first – temporary signs cannot be placed closer than 15 meters to any intersection and must be 30 meters from any City bus shelter, transit bench, bus zone, LRT station, or LRT platform. Second – they cannot be placed within 20 meters of a sign that depicts the same idea or which is posted by the same owner, 2 meters of a Fire Hydrant, 10 meters of a crosswalk that is not an intersection, closer than 2 meters from the curb or edge of the road, on any traffic island or center meridian, or which obstructs any traffic control device. You also cannot put any signs on prohibited or restricted roadways (City of Calgary).

# #2: Follow All Health Canada Regulations Regarding What You Can and Cannot Sell

Health Canada has several items that you cannot sell. According to it's website, you cannot sell any baby gates that have a diamond shaped opening (they say it's thanks to safety concerns), you cannot sell any car seats that do not have a National Safety Mark and which do not meet regulations (in addition, Health Canada asks you to check with Transport Canada on whether or not the car seat has been recalled), and they strongly advise against selling car seats that have been involved in a collision. (Government of Canada, 2012). It is also illegal to sell children's jewelry that is above the legal limit of lead (due to obvious lead poisoning concerns), and they do not recommend selling cotton children's sleepwear. These and more can be seen at: https://www.canada.ca/en/health-canada/ services/consumer-product-safety/reports-publications/ consumer-education/facts-garage-sale-vendors.html.

#### **#3: Price Items Appropriately**

Pricing items is very important during a garage sale as it effectively communicates with the purchaser how much you will need to spend to get the item. However, if you price the item too high, the purchaser is likely going to have problems with forking over the money to purchase the product, and if it's too low, you likely will

feel as if you did not get enough money for the product you want to sell. Factor in several aspects – the age and the amount you paid to get the product initially. If it's an old product, factor in inflation. For example, if you paid \$100 for a DVD player initially, it might mean that you could charge \$110 or \$90. However, you should also factor in who wants a DVD player. Make sure you price things well before you host your garage sale.

### **Parade of Garage Sales**

Mark your calendars, the Parade of Garage Sales is back Saturday, September 16!

Clear out and sell your unwanted items before the winter comes (so you can make room for your vehicles!)

#### **New This Year - CHPH Fundraising Garage Sale!**

Don't want to have your own garage sale but have household items you want to get rid of? We'll take them! CHPH is hosting a Garage Sale on Saturday, September 16 from 9:30 am to 4:00 pm in the parking lot of 60 Patterson Boulevard SW.

We are accepting donations of gently used household goods, books, and clothing.

#### **Donation Days:**

- September 5 from 4:00 to 7:00 pm at Prominence Park (Patterson Boulevard) for Food Truck Night
- September 8 from 4:00 to 7:00 pm at Prominence Park (Patterson Boulevard) for Movie in the Park
- September 13 from 6:00 to 8:00 pm at Coach Hill Fields
- September 14 from 6:00 to 8:00 pm at Coach Hill Fields

More details here: www.chph.ca/post/parade-of-garage-sales.



# **CHPHCA**

### **Channels of Communication**

Our community association has several channels to communicate to you, and for you to communicate with us!

**Member Emails:** Get a membership and provide your email for "what's new" updates

The Broadcaster Newsletter: 12 publications/year

General Inquiries: admin@chph.ca

**Facebook:** Stay in the loop by liking us on Facebook www.facebook.com/CHPHcommunity

Mail: Box 74132, 148-555 Strathcona Blvd SW

Calgary, Alberta T3H 3B6

**Email Us:** See board listing for a full list of emails

Website: www.chph.ca

#### **CALLING LOCAL PHOTOGRAPHERS!**

We invite you to send in photos that highlight community events or day-to-day living in CHPH. We will publish the best photos in our next editions of the newsletter. Please make sure that photos are 300 DPI and file sizes are a minimum of 1MB in order to ensure print quality.

#### **CALLING LOCAL WRITERS**

Do you have something that you like to share with the CHPH community? If so, we welcome your input. Please email your articles and/or photos to the newsletter coordinator at broadcaster@chph.ca and we will consider your submission for our next newsletter.

### We've partnered with SkipTheDepot!

Looking for a way to help your Community Association that's quick and easy? Give us your empty bottles!

Its easy! Download the app and schedule a pickup using the link: https://app.skipthedepot.com/coachhillassociation.

That's it! On the appointed day, place your bags outside, and they will get picked up for you! No hauling bags into your trunk or waiting in line at the depot. SkipTheDepot will allow everyone to donate directly to our organization with ease.



LALCOTTVL	
President	Talena Klypak Borbely president@chph.ca
Vice President	Inam Teja vicepresident@chph.ca
Treasurer	Smita Sharma treasurer@chph.ca
Secretary	Jade O'Hearn secretary@chph.ca

Secretary	secretary@chph.ca				
MEMBERS AT LARGE					
Communications	Voula Martin communications@chph.ca				
Community Liaison	Michelle Flemming admin@chph.ca				
Events Committee	David Armstrong events@chph.ca				
Expansion and Development	George Wong development@chph.ca				
Membership	Leanne Albertson membership@chph.ca				
Recycling	Ross Hart recycling@chph.ca				
Traffic Safety Coordinator	Marcie Miranda traffic@chph.ca				



# **Community Resources**

#### **Sports and Recreation Facilities:**

- Winsport Canada (Canada Olympic Park)
- Winsport Public Skating
- Calgary Gymnastics Centre
- Westside Recreation Centre
- Killarney Aquatic & Recreation Centre
- Shouldice Aquatic Centre
- Olympic Oval Ice Skating Rink

#### Parks:

- Strathcona Ravines
- Edworthy Park
- Lawrey Gardens
- Battalion Park
- Bowness Park
- Shouldice Park

#### **Groups:**

- Girl Guides and Scouts Canada
- Calgary West Basketball
- Gladiators Fencing Club

#### Soccer:

- Signal Hill
- Southwest Calgary Soccer
- Villains
- Chinooks
- Elbow Valley
- Glamorgan
- Scarboro
- Triwest

- Rangers
- Grassroots Soccer Club

#### **Hockey:**

- Springbank Minor Hockey Association
- Trails West Hockey
- Little League Hardball & Softball
- Paddle Association of Canada
- West Hills Softball
- Badminton Alberta

# Designated Schools Calgary Board of Education:

- Olympic Heights School
- Westgate Elementary (Fr. Immersion)
- Glenmeadows Elementary (Sp. Bilingual)
- · Vincent Massey Jr. High
- Bishop Pinkham Jr. High (Fr. Immersion)
- A.E. Cross Jr. High (Sp. Bilingual)
- Western Canada High School
- William Aberhart High School (Sp. Bilingual)
- Bowness High School (Effective September 2022)

#### **Calgary Catholic School District:**

- John Costello
- Holy Name (French Immersion)
- St. Gregory (Middle School)

- · St. Monica
- St. Michael Elementary/Jr. High (Fr. Immersion)
- Bishop Carroll High School
- St. Mary's High School (Ext. French)

#### **Private Schools:**

- Menno Simons Christian School
- Rundle College Jr/Senior High School
- The Calgary French and International School
- The Waldorf School
- The Calgary Christian School
- Webber Academy
- Ambrose University College
- Calgary Academy Collegiate

#### Churches

- Anglican Church of the Good Shepherd, 408 - 38 Street SW
- Bethel United Reformed Church
- Christian City Church Calgary (C3)
- Rockpointe Church (Bowridge and Westhills Site)
- Korean Presbyterian Church
- St. Martin's Anglican Church, 1009 Prominence Way SW
- St. Michael's Catholic Community
- First Lutheran Church
- WestEdge Church
- Woodcliff United Church, 5010
   Spruce Drive SW

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE





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### Meet Your Vice President: Inam Teja

Hi! My name is Inam Teja, and I'm the new Vice President of the CHPH Community Association! I first moved to Patterson as a six-year-old just before starting grade one, and this community was where I grew up!

The concept of home has been tricky for me – over the last ten years I have lived in five cities and three countries, and I have had a lot of people ask me, "so where's home?", and in my head I always think about the house I grew up in, the playground just up the hill, and the rink where I learned to ride a bike. This place is my home.

Despite that, at 18, I packed up my bags and moved away to London, Ontario to do undergrad degrees in business and global studies at Western University, which I followed up with a few years of working abroad in Tajikistan. Last year, I completed my master's degree in public policy from Oxford University with a concentration in housing and homelessness. I am now living happily back in Patterson and working as a policy and research analyst at the Calgary Drop In Centre!

Since coming back, I've been really impressed with the work of the CHPH Community Association – the great food truck nights, the always fun stampede breakfast, and the big plans for an Activity Hub are all things I want to contribute to. I've learned a lot with my work in the housing sector, and one thing that always stays with me is the role that community plays in turning a house into a home. I joined the CHPH Community Association so that everyone can feel that sense of belonging and pride when they call our neighbourhood their home.



# What Can't Go in Your Green Cart?

from the City of Calgary

No plastic plates or cutlery. No compostable plastic takeout containers (including cups, plates, or bowls). Even if these items are marked as "compostable," they are not accepted in Calgary's green cart program.

Please note that compostable bags are okay to use to line your kitchen pail. If using a bag to line your kitchen pail, only use certified compostable bags.

### Why Can't Compostable Plastic Products Go in the Green Cart?

We tested a variety of compostable coffee pods, compostable containers, and compostable cutlery. These items did not break down at the composting facility, leaving behind compostable plastic pieces. This contamination increases costs and impacts the quality of the finished compost.

Please put compostable plastic items in the garbage.

# The YYC Food Trucks Are Back for the Summer Of 2023!

Take a walk to Prominence Park and let someone else take care of dinner!

**When:** Every second Tuesday from May 2 to September 5

**Time:** 4:00 to 7:00 pm

Where: Prominence Park (Corner of Patterson Boulevard

and Patina Drive)



# **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**COACH HILL | PATTERSON HEIGHTS MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**HEART & HANDS FOR SENIORS:** A trustworthy company with a big heart providing companionship services. Someone to lift spirits, provide friendship, help around the house, and with errands. Heart & Hands provides comfort and peace of mind so that we can assist you or your loved one to stay home. www.heartandhands.ca or 368-999-4447.

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ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and by Zoom). Sunday School: Sunday School each week. Sandwich making for Alpha House on Wednesday afternoons. ESL conversation Tuesdays, 9:30 to 11:00 am. More information at https://stmartinschurch.ca or call 403-249-3014.

**LOCAL HANDYMAN:** Fully insured. Your neighbourhood handyman with over 15 years' experience providing quality workmanship for all home repairs. Drywall, paint, kitchen/bath remodels, plumbing repair, small renovations, minor electrical, window/door replacement, decking/fencing and more. Projects you just don't have time for. For a free estimate call Don at 825-413-3120 or email handymanadvantageyyc@gmail.com | References available.

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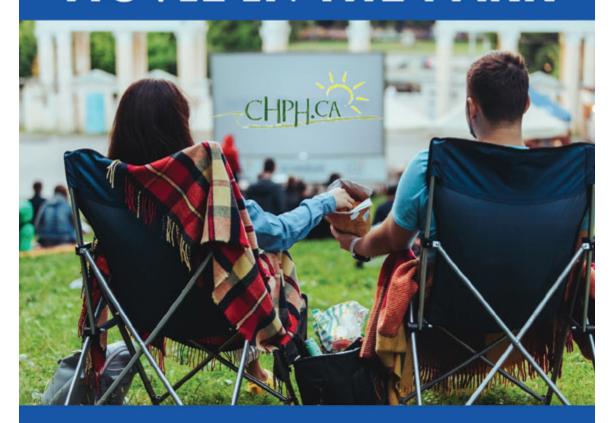
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■ oleh@papushafitness.com

# MOVIE IN THE PARK



Friday September 8 in Prominence Park Food Trucks: 4:30 pm | Show time: 7:15 pm





# **Benefits of CHPH CA Membership**

#### What does the CHPH CA do for me?

- · Organizes social events such as the annual Stampede breakfast, Spring Recycling Cleanup, Festival of Lights, and Parade of Garage Sales
- · Publishes the Broadcaster community newsletter
- Provides up-to-date information about issues affecting you and the community through member only email provides updates on important items for all at www.chph.ca
- · Communicates regularly with Councillor Richard Pootmans on community and city related issues
- Provides effective representation and advocacy to external third parties about issues of concern to the community, including public safety, development and the natural environment
- Creates a sense of community pride through participation in community activities.
- · Receive a discount on your classified ad in the Broadcaster
- · Maintains Adopt-a-Rink during the winter months

### **COMMUNITY ASSOCIATION MEMBERSHIP**

Register online at www.chph.ca/memberships Box 74132, 148 - 555 Strathcona Blvd. SW Calgary, Alberta T3H 3B6 Memberships are just \$20. Payments by e-transfer to treasurer@chph.ca now accepted.

Family Name:		# of Family Members:
Contact:		
Address:		Postal Code:
Phone Number:		Email:
Are you interested in volunteering? ☐ YES	□ NO	
Date:	_Signature: _	

# Learn the signs of stroke



A rms can you raise both?

**Speech** is it slurred or jumbled?

Time to call 9-1-1 right away.

Act **FAST**. Lifesaving treatment begins the second you call 9-1-1.

heartandstroke.ca/FAST



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### **COACH HILL COMMUNITY REAL ESTATE ACTIVITY**

		Properties		Median Price	
		Listed	Sold	Listed	Sold
July	23	11	7	\$374,900	\$370,000
June	23	10	11	\$529,000	\$549,500
May	23	15	11	\$419,900	\$419,900
April	23	5	6	\$344,500	\$341,950
March	23	7	2	\$674,900	\$712,500
February	23	4	10	\$414,944	\$411,450
January	23	5	3	\$250,000	\$247,500
December	22	3	1	\$499,900	\$480,000
November	22	6	7	\$389,000	\$375,000
October	22	5	7	\$385,000	\$395,000
September	22	6	8	\$389,450	\$377,750
August	22	8	4	\$549,450	\$552,750

To view more detailed information that comprise the above MLS averages please visit coac.mycalgary.com

### **PATTERSON COMMUNITY REAL ESTATE ACTIVITY**

	Properties		Median Price	
	Listed	Sold	Listed	Sold
July 23	17	12	\$354,500	\$354,950
June 23	15	15	\$399,900	\$415,500
May 23	20	18	\$382,500	\$393,500
April 23	12	12	\$384,900	\$389,500
March 23	23	19	\$459,900	\$457,000
February 23	12	9	\$449,900	\$475,000
January 23	6	7	\$365,000	\$355,000
December 22	5	6	\$321,450	\$296,400
November 22	5	9	\$415,000	\$408,500
October 22	8	8	\$368,200	\$365,000
September 22	10	5	\$335,000	\$340,100
August 22	10	13	\$379,900	\$368,500

To view more detailed information that comprise the above MLS averages please visit patt.mycalgary.com