

JULY 2023

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# GLENBROOK globe

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Advertisement for Wicker Land Patio featuring logos for YETI, Traeger, Weber, and Ratana, and the text 'Modern Patio'.

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## CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups each week. If you are interested in trying out one or more of these drop-in clubs, please email [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca) to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

### Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag. Classes will be reduced from our usual weekly schedule during the summer.

**Upcoming Dates:** July 4, 11; August 1, 8; September 5 (all Tuesdays) at 10:00 am.

Contact Gary at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Pickleball

Join us on Monday, Wednesday, and Friday mornings from 9:00 to 11:00 am at the Glenbrook sport court. Beginners are especially welcome on Fridays – equipment, instruction, and encouragement are provided. Weather and court conditions may affect our schedule, so please email to confirm your attendance.

Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Book Club

Our next meeting will be on Wednesday, September 20. We will be discussing *The Perfumist of Paris*, the third installment in a trilogy by Alka Joshi.

Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).



### Coffee Social

We will not be meeting officially during the summer, but are encouraging folks to walk together, meet in back yards, and enjoy the summer.

Contact Sharon at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Knitting and Crafts

We will not be meeting officially during the summer. See you in September!

Contact Ruth at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

## PRESIDENT'S MESSAGE

Hello again, Glenbrook!

It's July, and Calgarians are no doubt gearing up for the Stampede and other summer staples. Hopefully, the weather cooperates, and everyone has a great time enjoying our city and our community.

As we enter the summer months, the Glenbrook Community Association board of directors takes a break from our monthly meetings. Our next meeting will be on Thursday, September 7. Some of our regular programs will also be on pause during this time. Please check the newsletter and our Facebook page for more details.

As we previously announced, we will be moving the date of our AGM to December this year. Check back in the fall to find out more.

As always, drive safe in our school and playground zones.

Have a great summer and make time to enjoy everything Glenbrook has to offer.

Take care,

*Murray, President*

[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)

BRAIN  
GAMES

# SUDOKU

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SCAN THE QR CODE  
FOR THE SOLUTION



# Glenbrook Community Association

Please direct all questions to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) or call 403-249-6664.

## 2022-23 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley

# Hall Rentals

Please direct all questions to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm) - \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm) - \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate - \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom and upstairs space)

### Security Deposit:

- \$500/rental, returned 7 days past the event

### Boardroom:

- Monday to Thursday - \$25/Hour, Minimum 3 Hours

### Sport Shack:

- Sunday to Saturday (8:00 am to 10:00 pm) - \$25/ Hour, Minimum 2 Hours
- Storage Lockers (rooms) - \$75 to \$95/month. For sport equipment storage by sport groups only. Payment required 6 months in advance.

Debit and credit payments are now accepted.

# GCA Meetings

# Upcoming Meetings

● September 7 ● October 5

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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# DOGMA

**Glenbrook Community Hosts:**  
**Unleash Your Dog's Spirit!**



**Sunday, July 16th**

**Session 1: 10 - 10:45 am**

**Session 2: 11 - 11:45 am**

**A pet photographer  
will be on-site!**

**Join us for a fun-filled session with your dog.  
Dogma's certified trainers will guide you  
through life skills and tricks!**

**Connect with your community during this  
learning opportunity on how to unleash your  
dog's spirit!**



**This is a free event. Registration is required.  
Register at [www.dogmatraining.com/events](http://www.dogmatraining.com/events) or the QR code above.**



# GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2  
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**1. Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

**2. Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2022 to August 23, 2023)

Name: .....

Address: .....

Phone: .....

Cell: .....

Email: .....

Membership type: Family (\$25) .....

Senior 65+/Single (\$20) .....

Payment type: Cash ..... Cheque .....

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes .....

No.....

# ONE SMALL STEP

On July 20, 1969, humans landed on the Moon for the first time. Commander Neil Armstrong was first to step onto its surface, and he's believed to have said "That's one small step for man, one giant leap for mankind." He said later that he was misquoted; his first line was actually "That's one small step for a man."



PRIVATE MUSIC LESSONS IN GLENBROOK

**FALL REGISTRATION OPEN**

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heather@edenschoolofmusic.ca | 403-966-0165

## GLENBROOK ATHLETICS

### Calgary Padel Club

Junior Program, Adult Teams, Tournaments  
3524 45 St. SW | info@calgarypadel.ca

### Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football  
Practices at Glenbrook School  
Games at Shouldice Athletic Park  
contact@calgarywildcatsfootball.com

### Fencing Academy of Calgary

Introductory/Beginner/Intermediate  
Foil, Epee, or Sabre Class  
3524 45 St. SW | faofc@fencingacademy.ca

### Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club  
Various locations including Glenbrook  
office@umojamosaic.org

## GAMES & PUZZLES

### Guess That Song!



1. This Grammy award winning pop song is about being foolishly apologetic for constantly playing with new lovers' hearts. Oops!
2. This thrilling hit pop song is about a woman being stalked by a beast about to strike.
3. This 2014 electro-pop song is about meeting someone in the summer, falling in love in the fall as the leaves turned brown, and then being betrayed by lies.
4. This heartfelt alternative rock ballad is all about wanting to skip right to October because summer has come and passed.
5. This country song is about going out and having fun with no inhibitions, just feeling womanly and dancing with your girlfriends on a night out.
6. This gentle pop rock song is about being so in love with someone that they colour your world and make the stars shine for you.

SCAN THE  
QR CODE  
FOR THE  
ANSWERS!



# Glenbrook Social Committee

We have a new Social Club that is looking at bringing a number of events to Glenbrook.

Help is needed to volunteer at these events and to come up with new ideas.

Email [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) if you are interested.

## We Came, We Exchanged, and We Planted!

by Mary Jo Leslie

Did you know the Glenbrook Greenthumbs Community Garden will celebrate its 15th anniversary next year? Not only are all of our garden beds taken, but we even have a wait list! This reflects how important the garden is to the community. It officially opened this year on Saturday, May 13 with our annual plant exchange. More than 30 people brought over 75 plants and many varieties of seeds. We learned more about the plants over coffee and cookies, and quickly added them to our gardens.

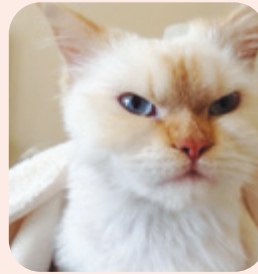
Shown are Agnes Wolstenholme, who helped make the garden a reality 14 years ago, Glenbrook super-volunteer Grace Stolte, generous gardener Riki Goebel, and long-time Glenbrook resident Jean Thomson.



### The Liquid Rainbow

Caño Cristales is a multi-coloured river located in Colombia's Serranía de la Macarena National Natural Park. Its rainbow hues are caused by red riverbed plants, green algae, black rocks, yellow sand, and blue water. Be sure to visit between July and November, as that's when the colours are the most vibrant!

## Pets Of Glenbrook



Hello gentle readers,

My name is Zico, and I am a Flame Ragdoll boy. I am 10 years old and so darn cute that my mom just had to send in my baby picture and one from last Christmas. I love to cuddle and sleep beside her every night with my brother, Rocky, who is a polydactyl tabby (more about him another time – this is my story).

We are allowed in the backyard for sun baths, but only when the sliding glass door is open. That's in case I need to make a quick escape from my great nemesis: skunks! We had a run-in last summer and we're trying our best to avoid another. Like other ragdolls, my coat grows and grows, so I must get sheared like a sheep every few months. I love our home and yard, and all the birds who sing to me each morning.

*To have your pet featured in an upcoming edition of the Globe, please send a photo and short write up to [glenbrookglobepets@gmail.com](mailto:glenbrookglobepets@gmail.com).*



**9 PM  
ROUTINE**



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SERVICE

### CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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**PREY**

July 21 marks one year since the release of the action sci-fi film, *Prey*. Filmed in Alberta and set in Comanche Nation in the 1700s, it's a prequel to the *Predator* franchise. During production, the film was called "Skull" to keep it a secret. The lead, Amber Midthunder, didn't even know she was auditioning for a *Predator* movie!

# Level Up in Birding with the Song and Savannah Sparrows

by Catherine Warwick

If birding were a video game, the hardest level would be the “LBJ”s. This acronym is a birder term for “Little Brown Jobs.” Calgary is full of these little birds flitting about and singing away. Can you believe there are 32 types of sparrows found in Canada! It’s enough to make a beginner bird watcher’s heart sink. You will be heartened to hear that scientists have had a hard slog of it too.

Both the birds I speak of in this article were originally many species across North America. They were named just two species after DNA testing proved it. There is just a lot of colour and marking variation between local populations, this is local selection at work. Don’t worry though, we don’t have to run around with tiny syringes getting DNA samples to tell these two brown birds apart - the Song Sparrow and the Savannah Sparrow. To identify them we can simply listen and look for context clues.

In Calgary if you want to find a Song Sparrow, head to some running water, the Bow River for example. Then listen for a three-part song from the bushes lining the river. Cheep-Cheep-Cheep, trill-buzz, something like that. The Audubon webpage shows their mnemonic as “Madge-Madge-Madge, put-on-your-tea-kettle-ettle-ettle,” a bit of a clunky mnemonic in my opinion. If you hang around the bush, you may see it perched or moving from branch to branch. The Song Sparrow is a little brown bird with a streaky chest and two brown stripes on its head. Once you recognize the song you will identify the Song Sparrow every time, they sing it frequently and it is very distinctive.

Song Sparrows are known for their advanced nest building skills. They build a little cup nest with a lining of soft material, like fur or moss. Scientists find that the birds will always go back to specific places to gather material, they just know which is the softest moss for the babies. While the female does most of the nest building, the male will defend the territory by singing his song relentlessly, so helpful! Where we hear a pleasant chirping, another Song Sparrow hears a call to fight.

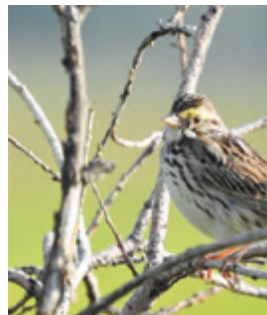
The Savannah sparrow in Calgary is a brown bird with a fetching yellow eyeshadow streaked over its eye. They are found in open grassy areas, in particular the nice field you walk through approaching the North Glenmore storm

pond. It will perch on the sign or on a sturdy piece of grass and watch you walk by.

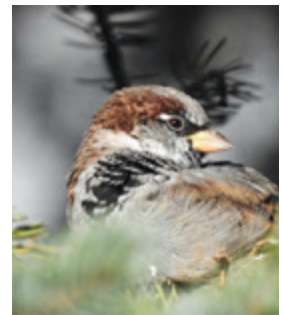
This sparrow usually builds its nest on the ground under grass and bushes. This is why there are ‘Nesting Area’ signs around the storm ponds. You could be trodding on a female Savannah Sparrow’s hard work. Yes, the female does the work for this species too. The male is out singing and carousing, because that’s what’s important, I guess.

The House Sparrow (also known as the English Sparrow) flock around our bird feeders and loudly chirp away in the bushes. If you see a brown bird near your house, it is probably one of these. They aren’t native to North America and are usually in urban areas.

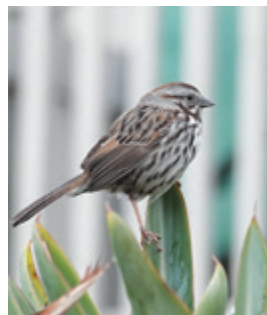
Now you have a good foundation to pick out two of the brown streaky birds flying around Calgary. It’s true they are difficult to tell apart visually, we usually use song and context to help us out. Remember while you are watching the birds, they watch you too. They probably can’t tell you apart from the next person either.



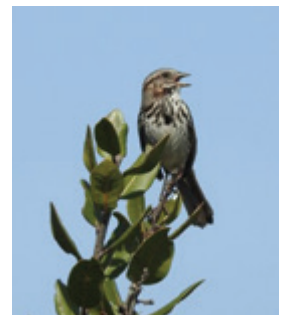
A Savannah Sparrow with the yellow streak over the eye. Photo by Diane Stinson



Not a Song or Savannah Sparrow. A boring old House Sparrow. Photo by Diane Stinson



A Song Sparrow. Photo by Diane Stinson



Song Sparrow - “Come and fight me - I dare ya!” Photo by Diane Stinson

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