GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER







The Residential Parking Permit Program

limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



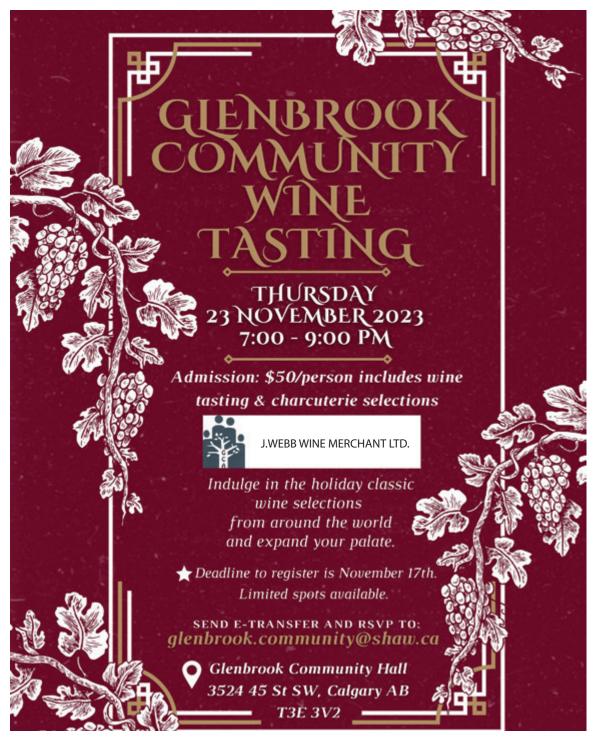
You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

calgary.ca/rpp







Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

2023 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

Hall Rentals

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)
- \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm)
- \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom)

Security Deposit:

• \$500/rental, returned 7 days past the event

Boardroom:

• Monday to Thursday - \$25/Hour, Minimum 3



GCA Meetings

Upcoming MeetingsDecember 7 (AGM)

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups throughout each week. If you are interested in trying out one or more of these drop-in clubs, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory.

Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag.

Upcoming Dates: November 7, 14, 21, 28 (all Tuesdays) at 10:00 am

Contact Gary at glenbrookevents@shaw.ca.

Fun and Games



Want to increase your local social life and meet your neighbours? Want to play indoors now that the summer is just a memory? Please join us at the Glenbrook Hall for

conversation, refreshments, and board or card games. You can also bring your knitting/crocheting (more on that below) and get personal coaching from our mentor, Ruth. New Canadians and those learning English who live in Glenbrook are also welcome to join, to help find community and increase their fluency.

Upcoming Dates: Friday, November 10; Friday, December 8 from 1:00 to 3:00 pm

Contact Pat or Gordon at glenbrookevents@shaw.ca.

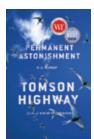
Knitting and Crafts

We meet twice a month to knit, crochet, share ideas, and socialize. All ages, skill levels, and language proficiencies are welcome.

Upcoming Dates: Friday, November 10 from 1:00 to 3:00 pm, in the main area of the Glenbrook Hall; Wednesday, November 22 from 7:00 to 8:30 pm, in the hall's upstairs boardroom through the back door.

Contact Ruth at glenbrookevents@shaw.ca.

Book Club



Our book for November is *Permanent Astonishment* by Tomson Highway, one of Canada's most acclaimed Indigenous writers. In December, we will read *Ducks, Two Years in the Oil Sands* by Kate Beaton, a graphic novel. These books are available through the library. Meet us in the upstairs space of Glenbrook Hall.

Upcoming Dates: Wednesday, November 15 from 1:00 to 3:00 pm; Wednesday, December 13.

Contact Grace at glenbrookevents@shaw.ca.

Coffee Social



Join your friends and neighbours on Friday, November 24 from 10:00 to 11:30 am at the Glenbrook Hall. Enjoy fellowship and refreshments, wear a name tag, and meet someone new.

We are planning to welcome a yoga instructor for a brief session and introduction to chair yoga.

Contact Sharon at glenbrookevents@shaw.ca.



Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyyc' on Instagram.





Connect with your community! Learn about neighbourhood events and services! Find what makes Glenbrook great!





Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

- **1. Become a member** when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
- **2. Become a volunteer** Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any

family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association (September 1, 2023 to August 31, 2024) Name:..... Address: Phone: Cell: Email: Membership type: Family (\$25) Senior 65+/Single (\$20) Payment type: Cash Cheque (payable to Glenbrook Community Association) Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following -Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc. Contact for Volunteer canvas: Yes

PRESIDENT'S MESSAGE

Hello again, Glenbrook!

As we all know, Remembrance Day is this month. This year, November 11 falls on a Saturday, so this is a great opportunity to attend one of our city's many ceremonies to remember what the price of our freedoms is. One of the biggest annual ceremonies in Calgary takes place at the Military Museums (4520 Crowchild Trail SW).

A reminder that the Glenbrook Community Association's Annual General Meeting will take place on Thursday, December 7 at 7:00 pm. Please plan to attend, as this is your opportunity to help us set our priorities for the upcoming year, as well as honour our award recipients. Further details can be found within this newsletter.

All the best,

Murray, President

Glenbrook Community Association

403-249-6664

GLENBROOK ATHLETICS

Calgary Padel Club

Junior Program, Adult Teams, Tournaments 3524 45 St. SW | info@calgarypadel.ca

Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football Practices at Glenbrook School Games at Shouldice Athletic Park contact@calgarywildcatsfootball.com

Fencing Academy of Calgary

Introductory/Beginner/Intermediate Foil, Epee, or Sabre Class 3524 45 St. SW | faofc@fencingacademy.ca

Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club Various locations including Glenbrook office@umojamosaic.org





Call for Board Nominations



The Glenbrook Community Association is accepting nominations for all positions on our Board of Directors for the 2024 term:

President
Vice-President
Past President (must have served at least one term as President)
Treasurer
Secretary
Directors-at-large

Any nominee must be a member of the Glenbrook Community Association in good standing and must currently live in Glenbrook. Positions will be voted on at our Annual General Meeting (see pg.11).



Forward all nominations to Ken at glenbrook.community@shaw.ca.





Glenbrook Social Committee

We have a new Social Club that is looking at bringing a number of events to Glenbrook.

Help is needed to volunteer at these events and to come up with new ideas.

Email glenbrookprograms@shaw.ca if you are interested.





1972 Dodge Dart

Article and photo by Fred Nelson

Chrysler discontinued the Swinger 340 after 1970, but their highest-volume dealer special ordered 25 more in 1972 – and one day, the factory built them. Only 14 are known to exist and Cliff has a fully restored B5 blue one in Glenbrook.

These were a base model, no options, rubber floormats, plaid bench seat, radio-delete – but with the potent 340-V8 and floor-mounted stick shift.

If there's snow on the ground, it's safely tucked away, but springtime always follows winter.

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.

Cats, Canines, & Critters of Calgary



Bisous, Deer Run



Fergus, Willow Park



Nacho, Panorama Hills



Marley, Brentwood

To have your pet featured, email news@mycalgary.com

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

GLENBROOK MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

CHECKLIST

9 PM

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- · Close overhead garage door
- ARY Lock door between garage & house

 E
 Close & lock all external doors
 - . Ensure windows are shut
 - Turn on exterior light

A Ton of Tongue

Blue whales are the largest animals known to live on Earth. Not only are their bodies ginormous at a staggering 100 feet long, but their tongues are actually incredibly heavy, with the average tongue weighing over 8.000 lbs!



Stay Safe Series

by The Canadian Police Association

The Canadian Police Association is pleased to bring you another edition of our "Stay Safe Series," where we give some helpful tips on how to stay safe in your day-to-day life.

Many Canadians are finding it harder to feel safe in their home, as crime is on the rise.

In an effort to help us all feeling a little more comfortable at home, we're sharing some tips on how to best secure your dwelling.

Change Your Locks

If you've just moved into a house that had a previous owner, it's essential that you change your locks as soon as you can. You probably don't know the person who lived in your house prior to you and never know if they had copies made to give to relatives, partners, or other strangers. It's best not to have keys that can unlock your house floating around, and rekeying with a local locksmith is typically inexpensive.

Secure All Entrances

It goes without saying that you should keep your doors and windows locked whenever they're not in use. But cheap locks can be easy to pick or drill open. For your doors, consider investing in locks with a higher number of "security pins" and that are equipped with drill-resistant plating. For windows, rather than relying on the latches found on most, install proper aftermarket locks to better their security.

Don't Hide Spare Keys

Many people like to keep a spare hidden key in their yard in case of accidental lock outs. Rather than a fake key rock, placing your key under the doormat, or another common hiding place, keep your spare in a lock box or give a copy to a trusted neighbour. Burglars know all the hiding spots for spares, don't risk it.

Lights, Cameras, Alarms

Safety is invaluable. Consider investing in various security devices such as motion-detecting cameras or video doorbells which will capture footage of criminals and allow you to see who is knocking at your door. Affordable alarms for windows, doors, and garages will typically send burglars running due to the sound.

And most simple but often overlooked is improving the lighting in your yard. Burglars like to work in the shadows, keeping areas well lit will deter them from attempting to break into your home in the first place.

While You're Away

If you're away from home, don't tell the world! One public social media post about your vacation or work trip is all the incentive a criminal needs to target your home. What's more is that criminals know to search for keywords like "travel" or "vacation" to find social media users who are out of town. Wait until after your return to post about your trip. While you're gone, consider installing timers for your lights, radio, and/or TV to make it appear that someone is home. Ask a neighbour to collect your mail, shovel snow/mow your lawn, and park in your driveway—return the favour when they go out of town.

While it may be hard to imagine your home being broken into if it's never happened before, know that it is, unfortunately, quite common.

We hope you implement some of these small steps into your life to deter burglars and help keep you and your family safe. Because everyone deserves to feel secure in their home.

Please continue looking out for future entries in our "Stay Safe Series."

Sincerely,

Canadian Police Association







GLENBROOK COMMUNITY ANNUAL GENERAL MEETING

LOCATION: GLENBROOK COMMUNITY HALL

DATE: Thursday, December 7, 2023

ATTENDEES: Glenbrook Community Association Members and

Glenbrook Residents

TIME: 7:00 PM

I. BUDGET PRESENTATION

2023-24 and 2024-25 Budget Presentations

II. LIFETIME MEMBERSHIP AWARDS

Two Glenbrook Lifetime Members to be awarded

III. BOARD OF DIRECTOR ELECTIONS

Ken Weaving, Chair

IV. YEAR IN REVIEW

a) A look back

b) Building updates

c) A look forward

V. SOCIAL

Open to all. We hope to see you there!









